

THE GREAT GATHERING LE GRAND RASSEMBLEMENT

Ang Dakilang Pagtitipon 偉大的聚會 grande encontro 三喜由來 萬事如意 恭賀 تجمع بزرگ Meigignag Maowiomí

How can we work together to make Fredericton and area better?

March 15, 2014

Fredericton Capital Exhibition Centre

200 People – 28 Topics – 6 Themes

53 – Actions and Strategies

Created and Delivered by Greater Fredericton Social Innovation (GFSI)



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B – Recovery	I – Transit Issues
C – Adult Learning/Literacy	K – Cultural Development
E – Services for Youth	L – Immigration
F – Services for Persons with Disabilities	N – Senior Care Programs
G – Advocacy for Persons with Disabilities	
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D – Midwifery	M – Realistic Discussion on Peak Economic Growth
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D – Access to Justice for All	M – Fredericton Area Network Volunteer Council
E – Computer Lessons and Perpetual Upgrading	
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The Great Gathering: An Overview

Background

Greater Fredericton Social Innovation (GFSI) convened an organizing committee in September of 2013 to host a third Open Space Forum for the greater Fredericton area. It was felt the community was ready for another large-scale meeting focused on the question, **“How can we work together to make Fredericton and area better?”** The first Open Space Forum was held in February of 2010 at the Fredericton Capital Exhibition Centre, the second was held in November of 2012 at the Fredericton Convention Centre.

The organizing committee, chaired by Dennis Atchison and John Coates, began with a core group of 6 participants and grew to a team of 15 as the event approached. The full list of committee members is included below.

There are several key features to Open Space Forum methodology. The four are principles: 1) Whoever joins the conversation are the right people; 2) whenever it starts is the right time; 3) whatever happens is the only thing that could have happened; 4) when it is over, it is over. Participants are invited to use the ‘Law of Two Feet’, as they are encouraged to move between topics as they desire. By hosting The Great Gathering in a large, open space like the Fredericton Capital Exhibition Centre, participants were able to see each at all times - a key to practicing the four principles and Law of Two Feet.

The Great Gathering

This year’s event was held over one day, Saturday March 15th, and began at 8:30am and ran until 3:30pm. There were approximately 200 participants, generating 28 different topics on their passions based on the event question. Each topic was posted on the Marketplace wall and assigned a breakout space and a time. Three topics sessions running forty five minutes each were held, and there were between 8 and 11 different break-out areas per session. The level of engagement and energy was very high.

The afternoon sessions were focused on the topics discussed earlier that morning and the topics were bundled into 6 themes. Two sessions were held, the first session had five themes and the final session had one. During the last theme discussion, all participants were brought together in a large circle. This stage of the process brought people with similar passions together to develop shared actions and strategies based upon the mornings work.

The range of participants was very diverse. We had participants from the ages of 13 – 65+ coming from all over New Brunswick. We had individuals participating from: Fredericton, New Maryland, Hanwell, Oromocto, McLeod Hill, Lower Queensbury, Marysville, Keswick Ridge, Harvey Station, Edmunston and Caraquet. To see photos of the event please go to www.frederictongreatgathering.com

Summary of Themes and Outcomes/Actions

Below is a very brief summary of themes, next steps, and actions providing a snapshot of what The Great Gathering produced in response to the question, “**How can we work together to make Fredericton and area better?**”. The full Summary of Proceedings, including an in-depth overview of each day’s discussions and contact information for each issue’s convener, follows.

Freddie Goes Green

- Peak Economic Growth
- Green matters
- Recycling

Youth Rocks

- Services for youth
- Youth Action Team

Freddie On The Road

- Traffic calming
- Sunday transit
- Transit issues

Culture

- Immigration
- Cultural development
- Intergenerational Fredericton

Freddie Gets Fit

- Improving built environment
- Food security
- Preventable healthcare
- Senior care programs
- Midwifery
- Breastfeeding Friendly Neighborhoods
- Services for persons with disabilities
- Advocacy for persons with disabilities

Inclusion In Fredericton

- Affordable Housing
- Advocacy for Disabled
- Computer lessons
- Adult learning and literacy
- Access to justice
- One stop service

Next Steps

Greater Fredericton Social Innovation now plays a support and coordinating role for these newly formed networks as each of the working group moves forward with its issue and actions over the coming months. GFSI will assist in development of strategies and outcomes for each. Each of the different themes has the mandate to move forward and make their passions a reality, but it will continue to take all of us working together to make Fredericton better.

Organizing Committee

The organizing committee was not based on representation, but on a desire to make The Great Gathering happen! The work or affiliation information is provided to give a sense of the background and diversity of the team. There were several people who volunteered just prior to the event as well.

Dennis Atchison	Co-Chair
John Coates	Co-Chair
Diane Morrison	Network for Healthy Living/President GFSI
Jamie-Leigh Haughn	Volunteer Greater Fredericton / GFSI
Susanne White	Community Inclusion Network
Katie FitzRandolph	Fredericton Arts Alliance
Jeff Richardson	United Way Central New Brunswick
Marilyn Wilson	Fredericton Chamber of Commerce
Connie Nichol	City of Fredericton
Heather Dubé	Department Of Social Development
Shirley Cleave	University of New Brunswick
Brian Duplessis	Community Member
Duncan Gallant	Fredericton Capital Exhibition Centre
Matthew Johnson	Capital City Cycles

Funder Recognition

Greater Fredericton Social Innovation
New Brunswick Egg Producers
Kwik Kopy Printing

City of Fredericton
Bank of Montreal

Thank You

Special thanks to the Department of Social Development who helped encourage participants to join in the event, and for an amazing team of volunteers to handle the registration process, headed by Heather Dubé.

Special thanks to Edwina's Catering for preparing our delicious brown bag lunches.

Special thanks to Blue Ridge Water for providing us with bottles of fresh water and coolers.

Special thanks to our volunteers and networks of volunteers who made the event possible: Renaissance College, Student United Way, Youth Matters.

About this Document

Contents, Context, and "What next?"

This document represents the proceedings of The Great Gathering – the participants' issues, topics, and passions that formed from Saturday morning's Agenda, and the themes that emerged to inform Saturday afternoon's action and strategy sessions. The proceedings are a reflection of the conversations that took place and the plans that were set in motion.

A convener is noted for each breakout session. The convener is the individual who initiated the Agenda item and led the group discussion. Unless otherwise noted, the convener is charged with facilitation of the working group as the discussion moves forward. The conveners will also be charged with management of the contact information their session's action group (where permission was granted), and will be the liaison with Greater Fredericton Social Innovation.

If you would like to engage in any of the discussions below, please contact the Coordinator of Greater Fredericton Social Innovation at:

coordinator@volunteerfredericton.ca 506.262.5060

Greater Fredericton Social Innovation

PO Box 30069

Fredericton, NB E3B 0H8

www.gfsi-isrf.ca

Or continue the conversations on our online forum:

<http://www.frederictongreatgathering.com/forum.html#/>

This document is just the beginning of a conversation. Greater Fredericton Social Innovation now plays a support and coordinating role for these newly formed networks as each of the working group moves forward with its issue and actions over the coming months. GFSI will assist in development of strategies and outcomes for each. Each of the different themes has the mandate to move forward and make their passions a reality, but it will continue to take all of us working together to make Fredericton better.

Proceedings: Saturday, March 15th – Topics

Session 1 – 9:45am – 10:30am

- A – Recycling
- B – Recovery
- C – Adult Learning/Literacy
- E – Services for Youth
- F – Services for Persons with Disabilities
- G – Advocacy for Persons with Disabilities
- H – Food Security
- I – Transit Issues
- K – Cultural Development
- L – Immigration
- N – Senior Care Programs

1A – Recycling

<u>Session</u>	1	<u>Breakout</u>	A
<u>Topic</u>	Recycling		
<u>Convener</u>	Betsy Griswald	<u>Contact</u>	
<u>Note Taker</u>	n/a	<u>Contact</u>	n/a
<u>Issues</u>			
<ul style="list-style-type: none"> • City wide compost system, why not/opportunity • Challenges with deposit depots and barriers to recycling (wait times, location) • Economies of scale for recycling • Glass recycling - missed opportunity • Consumerism as a culture • Leadership and policy/transparency • Diversion %, <ul style="list-style-type: none"> • Fee for waste per kg opportunities/charge by weight (free recycling) • Centralization (Province wide system) for recycling • Size of waste bins that are being collected (the dolly's) encourage more waste • Apartment recycling?? • Behavioral issues • Education of children to change the culture 			
<u>Recommendations</u>			
<ol style="list-style-type: none"> 1. Culture change 2. Fee for garbage 3. Increased recycling opportunities 4. Compost opportunities/larger scale 5. Education 			
<u>Actions</u>			
<ol style="list-style-type: none"> 1. Explore increased recycling opportunities 			
<u>Summary</u>	Culture change and the need to increase diversion away from landfills (recycling opportunities and waste reduction)		

1B – Recovery

<u>Session</u>	1	<u>Breakout</u>	B
<u>Topic</u>	Recovery		
<u>Convener</u>		<u>Contact</u>	
<u>Note Taker</u>		<u>Contact</u>	
<u>Issues</u>			
<ul style="list-style-type: none"> • Need access in non crisis situations other than ER • Warm line? • Community mental health built by the community 			
<u>Recommendations</u>			
<ol style="list-style-type: none"> 1 Partnership with Horizon Health 2 Information for employers on the benefits of learning about mental health 			
<u>Actions</u>			
N/A			
<u>Summary</u>	N/A		

1C – Adult Learning/Literacy

<u>Session</u>	1	<u>Breakout</u>	C
<u>Topic</u>	Adult Learning/Literacy		
<u>Convener</u>	Rachel Clarke	<u>Contact</u>	strategiccoordinator@cvala.ca
<u>Note Taker</u>	Heather Dube	<u>Contact</u>	Heather.dube@gnb.ca
<u>Issues</u>			
<ul style="list-style-type: none"> • Central Valley Learning Association- Rachel Clarke • What is the biggest obstacle-space <ul style="list-style-type: none"> • looking for free learning centers • wait lists of 50 people 			

- when looking for free space, have heard that classrooms are not available as organizations need to charge
- Financial literacy was closed as there was no funding was available from TD
- Need \$40,000 to \$50,000 per year to run a financial literacy to cover wages, etc
- Foodbank is looking at offering these types of financial literacy programs, looking to partner up with them to offer programs and the foodbank could offer the space.
- Learners do not need to pay-free
- Question - could sessions be offered for cost-looked at offering seminars.
- 53% below level 3- that means that they may not be able to read a medicine bottle.
- Entrance assessment completed for each learner- math and literacy. A program is specific to the learner
- Mentors are not teachers; they are not paid.
- Based on the model used in K-2, volunteers are helping out
- Central Valley learning could look at approaching businesses for volunteers to help out adult learners
- Fredericton Makerspace.com-looking at how to pair up with Central Valley to offer training and basic skills
- Planet Hatch-business incubation group-high tech. They use a mentorship model and may have space available. White boards available. You can check it out on line

Recommendations

1. Building partnerships with other organizations, sharing of resources.
2. Financial literacy and how can they pair up with businesses, agencies.
3. Fredericton needs to be able to access French material. The test for GED is only available in Moncton.
4. Looking for Bilingual teachers and free space.
5. Approaching Schools for evening classes

Actions

1. Sharing of resources
2. Approach schools
3. Approach businesses

Summary

Discussed adult literacy in the Fredericton area and how to link with other agencies.

1E – Services for Youth

<u>Session</u>	1	<u>Breakout</u>	E
<u>Topic</u>	Services for Youth		
<u>Convener</u>	Julie Gallant	<u>Contact</u>	Yit4767@rogers.com
<u>Note Taker</u>	Rick Hutchins	<u>Contact</u>	hutchinsr@bellaliant.net
<u>Issues</u>			
<ul style="list-style-type: none"> • Concern with costs for low-income families • Better when services are youth driven • What do youth want? • We should be making connections with/amongst services already in place • Idea from last Great Gathering was a "Youth Resource Centre" - still needed? still wanted? *** • Integrated service delivery model • A centre for all youth to access • Initial focus of discussion was Chrysalis House *** • Connection of the need work with the service *** • General comment - Communication of services to the general, youth, and public. 			
<u>Recommendations</u>			
<ol style="list-style-type: none"> 1. A communication strategy that connects youth with services 2. Re-visit the street outreach model for at risk youth - at their level 3. Centre for mothers to assist with childcare (young mothers) 4. Identify "youth with potential" as opposed to "youth at risk" *** 5. Trust is huge, along with mental health 6. Youth building strategy 			
<u>Actions</u>			
<ol style="list-style-type: none"> 1. Youth Forum 			
<u>Summary</u>	N/A		

1F – Services for Persons with Disabilities

<u>Session</u>	1	<u>Breakout</u>	F
<u>Topic</u>	Services for Persons with Disabilities		
<u>Convener</u>	Shirley Cleave	<u>Contact</u>	scleave@unb.ca
<u>Note Taker</u>	Anna Johnson	<u>Contact</u>	hfkdp@stu.ca
<u>Issues</u>			
<ul style="list-style-type: none"> • How can we address the stigma surrounding the hiring of people with disabilities? • Employers often assume that persons with sensory disabilities are unable to use telecommunications technologies that are becoming increasingly important in the work force. This is not true. How do we educate employers? • How do we connect students with disabilities with employment counselors for persons with disabilities. • Snow Removal: <ul style="list-style-type: none"> - Sidewalks are not adequately cleared of snow and ice - Limits mobility - Hazardous, as people begin to walk on the street. - Issue of furrows left by snow plows (private). Not just for people in wheelchairs, but also for seniors, children in strollers, and people with other disabilities. - Has city reduced the number of side-walk snow ploughs - affects active living and safety. • Snow removal by downtown businesses. Who is responsible for snow removal? 			
<u>Recommendations</u>			
<ul style="list-style-type: none"> • Making information available about what tools are available for persons with disabilities (grants, technology, etc.) • Possibility of part-time positions or job-sharing. This could be an entry point to full-time position. • Agencies: <ul style="list-style-type: none"> - Neil Squire - CNIB - NBDEN - New federal/provincial job agreement (PETL) - PSE employment centres - Premier's council 			

<ul style="list-style-type: none"> - Disability Awareness week: "the right person for this right job" - FSAWP/SEED? In the past, jobs have been reserved for persons with disabilities. Also, linking funding to funding from other programs that support persons with disabilities. • Snow Removal: <ul style="list-style-type: none"> ○ City needs to enforce bylaw re: furrows left by snow plows (private) 	
Actions	
<ol style="list-style-type: none"> 1 Work with Premier's Council to host workshop re: attitudes, resources, processes, etc. 2. Connecting PSE employment counselors with employment counselors for persons with disabilities. 3. Campaign through Chamber of Commerce re: resources and services available to employers 4. Snow Removal: <ul style="list-style-type: none"> - To be discussed further in another session today. 	
Summary	Make information about the available tools for persons with disabilities more readily accessible to employers and employees.

1G – Advocacy for Persons with Disabilities

Session	1	Breakout	G
Topic	Advocacy for Persons with Disabilities		
Convener	Vicki Oland	Contact	Vicland51@hotmail.com
Note Taker	Chelsee Pollock	Contact	chelseep@gmail.com
Issues			
<ul style="list-style-type: none"> • Focus on advocacy for persons with a disability who live in affordable/subsidized housing that is a contract with the Department of Social Development. The housing is a contract between tenants and the owners of the building, managed by a landlord. • Tenants are majority individuals with disabilities and seniors. • Issues between tenants and landlord, building managers and owners of the property. Violations of privacy. 			
Recommendations			
<ol style="list-style-type: none"> 1. Communication at various levels (b/w individuals and government) 2. Process for advocacy for persons with a disability 3. Points of contact for persons living in poverty/ with a disability (as many may not know who to turn to other than care worker) 			

4. Organizing who can advocate 5. The need for a tenancy/tenant group in Fredericton (will represent individuals having an issue who live in subsidized housing through SO but have a private contact with landlord) 6. Creating a coalition of disability reps to come together and represent tenants in a situation	
Actions	
1. Contact disability organizations to come together and advocate for housing change 2. A group of individuals who will represent individuals as a whole living in these -housing situations	
Summary	N/A

1H – Food Security

Session	1	Breakout	H
Topic	Food Security		
Convener	Madeleine Berrevoets	Contact	madeleineberrevoets@gmail.com
Note Taker	Jessica Murphy	Contact	thejessmurphy@gmail.com
Issues			
<p>WHAT WANTS TO BE TALKED ABOUT:</p> <ul style="list-style-type: none"> ● 4 years to try and get a garden in Southside - Gardens need to be everywhere! ● Where food comes from and if it's safe. ● Nutrition Facts for foods in restaurants and public places. ● Produce locally. ● Pregnant Women at risk. ● Real (unprocessed) food that is affordable. ● Volunteers to help teach cook at the food bank. ● The safety tree of food. <ul style="list-style-type: none"> - Local - Affordable - Healthy <p>DISCUSSIONS</p> <ul style="list-style-type: none"> ● Community Gardens ● www.nbchg.org <ul style="list-style-type: none"> - Garden + Cooking Workshops - \$10 annual fee ● Chemicals in Foods <ul style="list-style-type: none"> - Transfat - Healthy foods more available 			

- Is there awareness? Education?
- Make healthy easy
- Economic development
- Create jobs
- Keep local
- A law created in Vermont that bans fast food chains, and Bermuda as well.

GROUPS THAT ARE HELPFUL:

- NBCHG
- Kimble Organic CG
 - Support small farms
- Food Bank
- Community Food Mentors
- NBFSAN
- Breastfeeding
- Food Policy Group
- Community Food Smart - bulk buying
 - You can buy a bag of produce for \$15 (it's \$30 or \$40 that you would buy in the store)
 - Facebook Group
 - Last year's group - recommended that we should create the regional food policy council. To get involved today there will be a board sheet today.
- Farmer's Market
- Buy Local NB
- CSA
- Landless Gardeners
- School Gardens

- We want to shift away from bringing food in, and we want to remain local
 - Food that is grown local is shipped away and sold back to us after being bagged - no longer local.
- Why are we buying? We should be supporting farmers and local growers.

Recommendations

1. . A micro-farmer market
 - a. A small street where produce can be marketed, and can offer a place to barter and exchange goods at a set time.
2. . Municipality Responsibility*
 - a. Laws - ban fast food. How?
3. . Education*
 - a. Buy local NB
 - b. 5. NBFSAN* (New Brunswick Food Security Action Network)
 - c. Share
 - d. Post Info

4. . Connection between local and jobs
5. . Sprawling Infrastructure
 - a. ex. Walmart
1. GFNL*
 - a. Interview people who have small living areas that can't grow, community garden members
2. Guerilla Garden*
3. School Gardens*
4. 4. Food Policy*

Actions

1. GFNL
 - a. Interview people
2. Guerilla Garden
 - b. Traffic Squares
 - c. Take over flower spaces
 - d. Email
 - e. Community Garden Goals
 - f. Event + Press release
3. School Gardens
4. Food Policy
 - g. Susanne White
5. NBFSAN
 - h. SHARE!

Summary

The biggest issue we discussed was about how the local food industry was corrupted, and there was a large discussion on how we can make people aware.

11 – Transit Issues

<u>Session</u>	1	<u>Breakout</u>	1
<u>Topic</u>	Transit Issues		
<u>Convener</u>	Doug Mullin	<u>Contact</u>	douglas.mullin@gmail.com
<u>Note Taker</u>	Hailey Hughes	<u>Contact</u>	hailey.hughes94@gmail.com
<u>Issues</u>			
<ul style="list-style-type: none"> • Many problems with transit, not enough buses. When there's no bus, you have to walk, even in the winter. • Trying to build an organization - advocate for transit system - makingtransitwork.ca • Why we care: Sunday transit, buses for students (can't get a bus until five minutes after class, hard to get from North to South and vice versa), not possible to get from the library and back in the same afternoon, but there has been some improvement. If you don't get the right bus at the right time, you miss many opportunities, can't get anywhere and back in the same day, waits for a bus from 6-11 - just to get across the city, certain times of day buses are empty. In Kingston, Ontario (double the population) - drop offs and pick ups very smooth and easy, transfers were easy, main drop off stations were very regular, 15 minute intervals, quarter, half or hour, friendly bus drivers who informed each other of transfers. Currently no real "transit advocacy group". Other cities should do this too in order to deal with transportation for the province as a whole. City hub is King's Place - should it be switched to somewhere on the North Side? It's more residential, more people. Barker's point to Main street - have to go to the south side first - why? City of Fredericton is based on car-culture. Parking is too cheap? No incentive to take the bus. • Frequency. Coverage. Can't have both... • No strategic plan since 2008. • Currently able to meet people within 400-500m of a bus stop - less frequency, more coverage. What are the priorities? With current budget, can't have both. • No liable bus stop! People standing in the street, bus stops not cleared in the snow. No schedule posted in the less frequent stops. Lady with a walker, finally moved stop to sidewalk. • No Sunday service makes things difficult for students. • Most people making the decisions have cars and don't rely on transit. • Bus fees are not too expensive - issue of funding. Should we increase cost to allow better services? • Should students have to buy bus passes? Is parking an issue? 			

<u>Recommendations</u>	
<ol style="list-style-type: none"> 1. Implementation - there have been studies, but it is mainly a matter of getting proper information about problems and following a better model. Letters to city council and the mayor. Getting a North Side hub. Should consider doing loops instead of going back and forth. 2. Update strategic plan online and work with groups such as universities and businesses. 3. Trying to make a group, smaller groups need to unite. 4. Issue needs to be pushed - good relationship with staff, need to be consistent. 5. Pretend to be a tourist movement. Changes city's views significantly. Convincing city council members to ride the bus (or having a meeting at an inconvenient time). Challenge mayor to get around the city for a month. 	
<u>Action</u>	
<ol style="list-style-type: none"> 1. Writing to city council more than anything. Biggest way to effect change is by discussing it. 	
<u>Summary</u>	Everyone agreed that the buses are a problem, but it is difficult to accommodate for both a large catchment area and a more frequent route.

1K – Cultural Development

<u>Session</u>	1	<u>Breakout</u>	K
<u>Topic</u>	Cultural Development		
<u>Convener</u>	Dave Seabrook	<u>Contact</u>	david.seabrook@fredericton.ca
<u>Note Taker</u>	Matthew Johnson	<u>Contact</u>	matthew.mark.johnson@gmail.com
<u>Issues</u>			
<ul style="list-style-type: none"> • Cultural development as city planning • Define: what isn't culture? everything is culture • Very little money... • Performing arts centre... • Arts and culture focus... • Very difficult to renovate a place like the cosmo • Looking for a larger performing arts centre... • Multicultural development • The black box... multipurpose space.... • Downtown... east downtown • Charlotte st auditorium • Issue of access to preexisting facilities • University is just too far away 			

- 3 separate plans...
- Downtown plans
- Garrison district plan
- Cultural dev plan (play house) hospitality
- Change to cultural and global in the ethnic sense...
- Downtown is missed from multicultural centre
- More then just food and fan dancing
- Fredericton does have a diverse culture right now
- Really need to show everything that is going on...
- Importance of Intercultural

- Francophone community where are they? silo.... needs to made more active

Recommendations

1. Keep working at integrating the francophone community
2. Integrate cultural groups
3. We need to toot our own horns as to our cultural vitality
4. Inclusion of a hotel tax to help cultural events
5. Celebrate what we have right now... but increase our ability to let people know.

Actions

1. Interconnect the plans

Summary

There needs to be more marketing of what we already have in terms of cultural capital

More connections because too many groups don't know what's going on

No concrete actions but just let people know more about what's going

1L – Immigration

<u>Session</u>	1	<u>Breakout</u>	L
<u>Topic</u>	Immigration		
<u>Convener</u>	Mei Luong	<u>Contact</u>	mei.huang@ent-fredericton.ca
<u>Note Taker</u>	John Coates	<u>Contact</u>	jcoates@stu.ca
<u>Issues</u>			
<ul style="list-style-type: none"> • Issues not too different re employment opportunities for immigrants and other educated people • Need to be clear on purpose of Immigration • Major Fredericton event on March 25, 1:30-4:30 • Often government asks what do you need: re Immigration it is do you qualify. • NB and Feds are so risk averse they cause system failure 			
<u>Recommendations</u>			
<ol style="list-style-type: none"> 1. Why bring people in on false hopes; they need a full partnership to support them 2. We need to convey an interest in the new immigrants 3. What can the City do with the LIP partnership <ul style="list-style-type: none"> -eg understand the system 4. Welcome and integrate them into the larger community 5. Economics is still a key factor that forces folks to leave 6. NEED TO HIGHLIGHT THE SUCCESS OF NEW IMMIGRANTS 			
<u>Actions</u>			
<ol style="list-style-type: none"> 1. ADVERTISE AND ATTEND THE MARCH 25 SESSION ON IMMIGRATION 2. Decide on what the local community can do to support and integrate new immigrants 3. Look at building wider partnerships and not give people false hope 			
<u>Summary</u>	Agreement on the need not to give false hopes; need an active partnership of all sectors.		

1N – Senior Care Programs

<u>Session</u>	1	<u>Breakout</u>	N
<u>Topic</u>	Senior Care Programs		
<u>Convener</u>	Sarah Standing	<u>Contact</u>	N/A
<u>Note Taker</u>	Sarah Standing	<u>Contact</u>	N/A
<u>Issues</u>			
<ul style="list-style-type: none"> • Using every option at Social Development • Programs at Social Development are not enough • Von programs are used (Monday and Wednesday there are no programs.) waiting list. • York Manor day program.(Senior lives at home but attends day) • NEED MORE PROGRAMS • Hot lunch, playing bingo, reading the news • Rising assessments of property taxes for seniors, impacting ability to stay at home • Province issues the bill but city sets the rate on property tax. People should know about the appeal process. Need education. • Senior mentorship program - skill development for youth/ connecting within community. Giving Seniors a sense of purpose. • Intergenerational learning. It depends on the seniors family as to how much interaction they get. • Mental health. No health care professional (we need to have someone at a senior assisted living counseling) • Breaking down fear barriers to access counseling - to get over the transition to moving out of homes. • We need to engage the seniors not just have them living in their apartments. • We need to have better communication / awareness • Age Friendly situations/ accessible/ Advisory to the mayor • Senior advisory Committee (Duncan Lombart) looks at safety concerns • Housing - negative impact - the new housing (heat pump technology only used as cooling not heating) • Heating cost in homes • No programs to keep people in homes. To help with yard work. Maintain Safety. Create a schedule for the senior. • Needs to have a shift in attitude, cannot invest • Transportation/ Ride Care 			
<u>Recommendations</u>			

<ol style="list-style-type: none"> 1. Help Line for Seniors 2. Set up senior/ retiree mentorship Program. <ol style="list-style-type: none"> a. Newly retired seniors can help other older seniors with yard work/ bills/ support 3. Deferred tax system - pay tax after house is sold. 4. Neighbours should help with transportation. 	
<u>Actions</u>	
<ol style="list-style-type: none"> 1. Social Development should reconsider role ending seniors care at nursing home. 2. The city councilors should review these recommendations. (setting a committee up for Seniors specifically.) 3. Connect with Tele-care - knows of all the programs. We need an easy referral system. 	
<u>Summary</u>	Closing the gap with seniors through involvement in community programs and mentorship.

Session 2 – 10:30am – 11:15am

- A – Traffic Calming in the Town Plat
- C – What does and Intergenerational City Look Like?
- D – Midwifery
- E – Homelessness and Affordable Housing
- F – Sunday transit
- H – One Stop Social Service Community Centre
- L – Green Matters
- M – Realistic Discussion on Peak Economic Growth
- N – Breastfeeding Friendly Communities

2A – Traffic Calming in the Town Plat

<u>Session</u>	2	<u>Breakout</u>	A
<u>Topic</u>	Traffic Calming in the Town Plat		
<u>Convener</u>	Sebastian Salazar	<u>Contact</u>	Salazarian@gmail.com
<u>Note Taker</u>	Sebastian Salazar	<u>Contact</u>	Salazarian@gmail.com
<u>Issues</u>			
<ul style="list-style-type: none"> • Adding traffic calming measures in the town plat (the residential area between Brunswick, Smythe, University and Beaverbrook/Dundonald) Such as roundabout/traffic circles like those on St.John street 			

and Charlotte in the East Plat <ul style="list-style-type: none"> • Need transit that is more frequent with a compact network of routes • School buses – ride and park? To shuttle kids into city • Traffic circles/roundabout: Standards, fire trucks, at Leo Hayes • Pedestrian safety • Cost 	
<u>Recommendations</u>	
<ol style="list-style-type: none"> 1. Possibility of adding traffic circle(s) on Northumberland as well as parking on Northumberland to slow down the cars 2. Organize volunteers to gather signatures for traffic calming form 	
<u>Actions</u>	
<ol style="list-style-type: none"> 1. Organize volunteers to gather signatures for traffic calming form 	
<u>Summary</u>	N/A

2C – What does and Intergenerational City Look Like?

<u>Session</u>	2	<u>Breakout</u>	C
<u>Topic</u>	What does and Intergenerational City Look Like?		
<u>Convener</u>	N/A	<u>Contact</u>	N/A
<u>Issues</u>			
N/A			
<u>Recommendations</u>			
N/A			
<u>Actions</u>			
N/A			
<u>Summary</u>	N/A		

2D – Midwifery

<u>Session</u>	2	<u>Breakout</u>	D
<u>Topic</u>	Midwifery		
<u>Convener</u>	Sonya Burrill	<u>Contact</u>	sonya.burrill@gmail.com
<u>Note Taker</u>	Sherry Coffey	<u>Contact</u>	sherry.coffey@bellaliant.net
<u>Issues</u>			
<ul style="list-style-type: none"> • Supporting regulated, public-funded midwifery. • Roadblock: No political will to fund midwifery, yet midwifery lowers costs for healthcare. • Need to support women to make the choices that are best for them and their babies. • Rural communities - woman far away from hospital centers, but would benefit from midwives and homebirths in their communities. • Solutions for NB. Implementation part is missing right now in New Brunswick. • We need public support in our communities. Even though all the legislation exists, the funding and council and licensing body are not running. • Families that desire the care need to advocate for midwifery 			
<u>Recommendations</u>			
<ol style="list-style-type: none"> 1. Families need to advocate for midwifery. 2. Make a video telling personal stories 3. Share the group 4. Follow Newfoundland's breastfeeding example video 5. Lobby government 			
<u>Actions</u>			
<ol style="list-style-type: none"> 1. Video and personal stories to raise awareness. 2. Liaise with Midwives in NS and find strategies for implementation. 			
<u>Summary</u>	Public education and lobbying for publicly funded midwifery.		

2E – Homelessness and Affordable Housing

Session	2	Breakout	E
Topic	Homelessness and Affordable Housing		
Convener	Karolyn Martin	Contact	coordinator@cagh.ca
Note Taker	Jess Murphy	Contact	thejessmurphy@gmail.com
Issues			
<ul style="list-style-type: none"> • FOOD SECURITY <ul style="list-style-type: none"> - We have places to go but there are barriers. - Transportation - Times & Amount of Access • POLICIES <ul style="list-style-type: none"> - Policies that discourage housing in some situations - Social Development - Social Assistance, Economic Unit Policy • INCONSISTENCY <ul style="list-style-type: none"> - Inconsistency of workers using the "ec. unit policy" • QUALIFICATIONS • A need for consistent & compassionate policy <ul style="list-style-type: none"> - Needs flexibility - Needs compassionate policy application (eg. pregnancy) - Multiple waitlists - Inconsistent housing across the region • Not enough housing that is affordable <ul style="list-style-type: none"> - Housing landlords accountable - Barriers to making real complaints • Pets (no pets policy) • - Responsible pet ownership 			
Recommendations			
<p>Landlords + youth program</p> <ol style="list-style-type: none"> 1. *Programs to do skills training for independent living <ol style="list-style-type: none"> a. 2. *NBACL b. Housekeeping Skills c. Budgeting d. Nutrition e. Habitat for Humanity f. Food Centre (transportation barrier) g. Not always offered and sometimes people have to ask 2. *Bring supports together 3. *Advocates for housing 			

4. *Landlords
5. *Awareness

Actions

1. Youth In Transition to work with landlords
 - a. How to get youths into housing
 - b. Ask to partner with NBACL
2. Encourage service providers to come together
 - a. Unified/coordinated services
 - b. Provinces & Landlords to partner
3. Advocates for housing
 - a. Help people to access housing
4. Landlords
 - a. Support and education for landlords to make them
5. Get awareness into society through the media (i.e.; radio, posters, food bank.
 - a. Info-line, a physical office
 - b. Promote community action group on homelessness
 - c. SUN Committee
 - d. Fredericton Regional Resource Network
 - e. Youth in Transition
 - f. Salvation Army
 - g. - Send this correspondence to community groups!

Summary

The biggest issue that appeared was homelessness in the youth population, and there was great interest within the group when it came to discussing how to help and assist them.

2F – Sunday transit

<u>Session</u>	2	<u>Breakout</u>	F
<u>Topic</u>	Sunday transit		
<u>Convener</u>	Derek Ness	<u>Contact</u>	Derek.Ness@unb.ca
<u>Note Taker</u>	Anna Johnson	<u>Contact</u>	hfkdp@stu.ca
<u>Issues</u>	<ul style="list-style-type: none"> • Fredericton one of few cities around that does not have Sunday transit. Benefits: Church attendance, 		

work, study, library, etc.

- Now we have Sunday shopping, so there is an increased demand for Sunday transit.
- City's concerns about ridership.
- Sunday ridership might not be the same as ridership on other days.
- Need a new strategy re: transit in the city - Subway?
- Better transit could help with parking issues at universities
- Would be good for teenagers. Encourage youth to use bus.
- What happened to trial when service was reduced to increase ridership?
- Could be a middle ground - car service instead of bus service supported by city (modeled like "safe ride" at UNB)
- City could still lose money, but in a different way
- Hard to come up with a service that covers that covers enough area and provides level of service.
- Would businesses/churches support Sunday transit

Recommendations

1. A trial period to test ridership
2. Smaller busses - not sure that these are actually cheaper
3. Perhaps consider using vans - don't even need small bus
4. If businesses provided tickets to employees to use Sunday Services
5. Promotional ideas like "toonie Tuesdays"
6. Removal of school bus system (start at high schools) and use city transit.
7. Parking in Fredericton is very cheap. Eg. student parking @ UNB/STU cheaper than bus.
8. Change the mindset

Actions

1. Approach council with ideas.
2. Continue discussing topic in order to come to consensus.

Summary

Attitudes towards transit as a whole must change before Sunday transit can be realized.

2H – One Stop Social Service Community Centre

<u>Session</u>	2	<u>Breakout</u>	H
<u>Topic</u>	One Stop Social Service Community Centre		

<u>Convener</u>	Jill Frazier	<u>Contact</u>	jill.fraser@nb.aibn.com
<u>Note Taker</u>	Hailey Hughes	<u>Contact</u>	hailey.hughes94@gmail.com
<u>Issues</u>			
<ul style="list-style-type: none"> • Missing a place for everything all in one • Looking for activities, health and community events all in one • Issue of liability - who is responsible? • Certain groups don't want volunteers talking to the public - liability • Where do the kids go? Youth? Seniors? -Should be together • Victoria Health Centre does a good job but what else should we have? • Works with non-profit - many people cannot afford to be non-profit anymore, everything is too expensive • non-profits need: IT, insurance, etc. - all costs • certain groups work together and share space to be more cost effective • Social assistance, family services, etc. should all be together - many who need one need multiple • Social development - Two Nations Crossing - not as accessible • No place for people to go to find out what stores are available - similar to a store-front/services NB but more laid back • Network of schools - make them community schools - allow more community involvement - early childhood education, health centres, etc all within schools, break down walls of resistance • Salmon Museum became community centre • In the city there are fewer options like this - less accessible - too many insurance issues and rules for room bookings, etc. • Would require shift in government - people own the resources • Churches, schools, etc. Buildings could be focal points but they are not • Limits communication - we could change this • Tourist booth - allow people to ask "Where do I go to access this service?" combined with community events, night classes, community interest, etc. • Suffering bullying - setting up organization with representation from public housing, social workers, etc. People feel that they can't go to them. No where to go to get help. • Community centres - church hall is good because it's usually empty - stigma of association with the church • Poor, elderly, sick - on assistance. No quality of life - no life, barely surviving. • Make an umbrella group to make events annual or something, bigger event to get people out. • Not enough services, not enough food -improve community centre, include something to look forward to if you have almost nothing • Ontario: community feed agency, they have a centre run by people with experience with poverty - related to government services. Greater Fredericton is working on this. The dream is getting everything in one building • Most of the people wanting these services are looking for more than one thing and have multiple problems • Adopt a university student idea or adopt a grandparent • Connect university students, children, parents and the elderly 			

- What kind of centre?
- Many adults working and busy - unable to volunteer
- Keeping track but not updating
- Grassroots organizations looking to expand
- Literacy: still a problem, needs to work with other groups to multitask
- stigma

Recommendations

Short Term:

1. Getting groups to work together
2. Literacy and food bank working together to teach adults

Long Term:

1. Creating a place for everyone to work together and coexist
2. Streamline busy parent's day, children, parents and grandparents all getting what they want
3. Reducing the stigma by putting many things in the same building
4. Better manners and happier people working so that people are more comfortable asking for help

Actions

1. Start talking more and get community support services to start working together.

Summary

We need to put all of these things together to make things easier for everyone requiring any of these services and to allow them to use multiple services at the same time.

2L – Green Matters

<u>Session</u>	2	<u>Breakout</u>	L
<u>Topic</u>	Green Matters		
<u>Convener</u>	Garth Hood	<u>Contact</u>	garthhood@gmail.com
<u>Note Taker</u>	Sarah Standing	<u>Contact</u>	sarahstanding@gmail.com

Issues

- People are not aware of Green Matters campaign. (goal to be the greenest city in Canada.)
- No employment position in Fredericton as this was a city lead position. There is one person involved to have the education piece. There are initiatives in place through the school system.
- This should be community lead as there is more sustainability.
- There has been a lack of interest to push this issue at city level.

- Education on being green is not being communicated
- People to not have capital to make these upgrades to homes.
- We are able to harvest fruit and vegetables here but we are still buying and bring in these products to the city. (BUY LOCAL)
- City only able to implement some of the original ideas for green matters, go back and revisit parts that could not be implemented initially

Recommendations

1. Need to have a community driven aspect to the "Green Matters"
2. Need website for all Green projects around the community (food, housing)
3. Get Non Profits together, looking at innovative ways of bring older buildings up to energy retrofits. Getting companies together to bring up many older buildings. (to finance these retrofits and pay back over 5yrs.)
4. Create model as Efficiency NB
5. Need to create a citizen advisory committee for green matters.
6. We need to know how much money is being spent on energy leaving Fredericton. Do the research (food , transportation done in a greener way.)
7. Information to be tracked so that action can be taken.
8. Build a network so that action can be taken
9. Bring in youth and university education
10. Community gardens and buy local
11. Public consultation, review
12. Make a separate entity that does not have to fall under city guidelines, community driven,.
13. Government should work together with community to solve issues, citizens to make decisions and government to respond.
14. Citizen committees
15. Networking hub that coordinates activities that is ongoing

Actions

1. Adding Green Matters to Transition Fredericton
2. The Great Gathering group should be invited to the next meeting at Green Matters.
3. A Green Matters Community committee should be formed) from the great gathering group

Summary

Looking to form a committee from great gathering group to form an advisory committee and advise City.

2M - Realistic Discussion on Peak Economic Growth

Session	2	Breakout	M
Topic	Realistic Discussion on Peak Economic Growth		
Convener	N/A	Contact	N/A
Note Taker	N/A	Contact	N/a
Issues			
Babylon System Will the future look like the past?			
Recommendations			
N/A			
Actions			
N/a			
Summary	N/A		

2N – Breastfeeding Friendly Communities

Session	2	Breakout	N
Topic	Breastfeeding Friendly Communities		
Convener	Kate Mackey	Contact	Ouv.greener.kitchen@gmail.com
Note Taker	Rachel Boleyn-LeBlanc Kelly Ebbett	Contact	Rachel.boleyn-leblanc@gnb.ca Kelly@luit.ca
Issues			
<ul style="list-style-type: none"> • Why does breastfeeding have to be a big deal? • Having spaces available for women to breastfeed • Lack of having someone to give support (how was your night, it will get better) • Have support, find support - need to have support feed to feed • Food centre - have kitchen available when not being used for mothers who want to breastfeed • Fredericton breastfeed promotion committee - new members welcome, partnership with Greener Village • Have good initiation rates - but duration is not there - drops off very quickly after hospital discharge • Mothers need to know what to expect when starting breastfeeding • You can breastfeed without being noticed 			
Recommendations			

<ol style="list-style-type: none"> 1. Want everyone to feel welcomed and comfortable to breastfeed anytime, anywhere. 2. NB has some municipalities that have Baby Friendly Policies (supporting breastfeeding families) (Quispamsis, Edmunston, Kedgwick, New Maryland) 3. NB Libraries now have a Baby Friendly Policy 	
Action	
<ol style="list-style-type: none"> 1. Fredericton to adopt a Baby Friendly Policy 	
Summary	<p>Breastfeeding is a highly effective way to protect the health of infants and mothers. Saves healthcare dollars, benefits the environment and brings positive social change.</p> <p>Need to create an environment where families feel comfortable breastfeeding anytime, anywhere.</p>

Session 3 – 11:15am – 12:00pm

- A – Independent media
- C – Healthcare Preventative/Healthy Living
- D – Access to Justice for All
- E – Computer Lessons and Perpetual Upgrading
- H – Improve Built Environment
- I – Youth Action Team of Fredericton
- K – Integrated Housing
- M – Fredericton Area Network Volunteer Council

3A – Independent media

Session	3	Breakout	A
Topic	Independent media		
Convener	Vadini Mahabir	Contact	vadini.mahabir@gmail.com
Note Taker	Matt Johnson	Contact	matthew.mark.johnson@gmail.com

Issues
<ul style="list-style-type: none"> • We need local media.. not controlled from outside the province... • Community channels • NB Media Co-op... its all volunteer.... it can peak and fall away pretty quickly... will pay for investigative articles... • Distribution is a challenge • Research.... local documentaries • Environmental damage • Opinions vs news...

- Blogger media will concentrate on an issue and they don't focus on an issue

Problems:

- Writers
- More local media
- Volunteers
- Funding distribution
- Support
- Readability
- Social media
- E media
- Irving's own 99 percent of the media....
- Online articles not accessible
- Copyright
- Print media is not assumed ...
- Shareable media
- What is independent media
- Isn't the internet taking over

Recommendations

- 1 coalition of independent media. Central Webpage with all bloggers and independent media...
2. Let more people know about the media co-op
3. We need to be savvy media consumers
4. Links to university press

Actions

1. Informal coalition of independent media research into its existence
2. Coalition with student press
3. Campaign for better media consumption awareness and press

Summary

1. Coordinate conversation
2. Research existing
3. Awareness and PR

3C – Healthcare Preventative/Healthy Living

<u>Session</u>	3	<u>Breakout</u>	C
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Topic	Healthcare Preventative/Healthy Living		
Convener	Madeline Berrevoets	Contact	madeleineberrevoets@gmail.com
Note Taker	Hailey Hughes	Contact	hailey.hughes94@gmail.com
Issues			
<ul style="list-style-type: none"> • Overspending on "elite" sports • Distribution of funds • Encouraging others to be more active • Diet, Activity, etc. • Too much focus on sickness, not enough on wellness • More education, more technology, need to encourage activity • Physical education programs are lacking • Spends time talking about wellness, but doesn't put the same level of funding on wellness • Cause and effect - preventative • Government's problem? • Why not put our money into preventative instead of after? • Can't remove illness and response to it • Government responsible to covering all determinants of health - health, economic, social, education, etc. • Parents need to be role models - need more education • Prevention is good for individuals or community as a whole? • Where should money be spent? • Take it away from the government? • Community programs? • Keeping yourself healthy, not being dependent • Includes mental health • Integrating all of these things together - instead of working separately • Public transit, doctors, and community partners - how would we connect them? • Over serving elite? Underserving poorer community members? • Not necessarily... • Certain programs already exist - but not everyone who needs it is getting the support • Problem of transportation, dial-a-bus, etc. • Free programs are still inaccessible to many people • Not necessarily relying on the government • Fredericton Community Food Centre - gardens and cooking classes, NBCHG garden and cooking classes, Fallsbrook centre free school, Smart food, etc. • What is preventative health care? • Active lifestyle, mental wellness, nutrition, education, information sharing, 			
Recommendations			
<ol style="list-style-type: none"> 1. One organization to share all information about these services, information hub - website, phone line, etc. 2. Creating a dial-a-ride program - problems of gas, etc. 			

<ol style="list-style-type: none"> 3. City should increase program with free tokens on the bus to community events - should go to people who need them 4. More preventative measures 5. Promoting cost effectiveness of preventative measures 6. Controls future economy of our society - look at causes 7. Cultural shift 8. Cost and Quality of Life - put more effort on these things 9. Lifestyle change 10. Addressing issues that cause problems will help prevent problems from continuing 11. Doctors as the hub? 12. Community health advocacy 13. Healthy lifestyles expensive? 14. Buying healthier food, community garden - working from your own home, someone could pick it up and redistribute it 		
Action		
<ol style="list-style-type: none"> 1. Gardening in the community 2. Community health advocacy 3. Dial-a-Ride program 4. More promotion 5. Building the community, information sharing 		
<table border="1"> <tr> <td>Summary</td> <td>By using the government and community to take more preventative measures.</td> </tr> </table>	Summary	By using the government and community to take more preventative measures.
Summary	By using the government and community to take more preventative measures.	

3D – Access to Justice for All

Session	3	Breakout	D
Topic	Access to Justice for All		
Convener	N/A	Contact	N/A
Note Taker	Judy Coates		judycoates@rogers.com
Issues	<ul style="list-style-type: none"> • Barriers for those who have a criminal offense is part of the discrimination • Hiring policies with employment • Criminalizing/bullying the poor 		

<ul style="list-style-type: none"> • Pardon policy • Access to legal services for the poor • Legal aid not available • Need to identify people who have conflicts and can't access services • Age as a barrier to access services (John Howard Society) • Government cut backs • Who is helping those who cant read access justice? • People are avoiding seeking help due to stress and trauma of the process • Lack of mediation and court Social Workers 	
<u>Recommendations</u>	
<ol style="list-style-type: none"> 1. Fredericton Labour Council should be presented with issues people are facing 2. Need for re-integration services for those leaving prison 3. Preventative programs to avoid criminal record 4. Need for real legal advice for free 5. Need for a provincial jail 	
<u>Actions</u>	
N/A	
<u>Summary</u>	N/a

3E – Computer Lessons and Perpetual Upgrading

<u>Session</u>	3	<u>Breakout</u>	E
<u>Topic</u>	Computer Lessons and Perpetual Upgrading		
<u>Convener</u>	N/A	<u>Contact</u>	N/A
<u>Issues</u>			
N/A			

3H – Improve Built Environment

<u>Session</u>	3	<u>Breakout</u>	H
<u>Topic</u>	Improve Built Environment		

<u>Convener</u>	Diane Morrison	<u>Contact</u>	demorri@nbnet.nb.ca
<u>Note Taker</u>	Jess Murphy	<u>Contact</u>	thejesmurphy@gmail.com
<u>Issues</u>			
<ul style="list-style-type: none"> • Accessibility • Promotion of parking structures • Opening streets to pedestrians and cyclists • Wheelchair accessibility to buildings, to cyclists and pedestrian (safety) • People can park far away and walk - box stores come in handy - designs • 3. can promote the exercise and traffic calming 			
<u>Recommendations</u>			
<ol style="list-style-type: none"> 1. Walking to transit * <ol style="list-style-type: none"> a. Create bus "trunk lines" b. Pedestrian shed 2. 400 meters between parking and building (no cars) 3. Bike parking in parking lot * 4. Cafe culture - social aspect 5. Education * 6. Design guidelines * 7. Extend and connect bike lanes * 			
<u>Action</u>			
<ol style="list-style-type: none"> 1. Promoting cycling and walking by creating a safe area - "pedestrian shed" and parking space for cyclists 2. Promote the social aspect of doing the activities 3. Educate people on the health factors 4. Educate on design for accessibility and create 5. Connect bike lanes to parks and typical rest stops, and make them larger on the streets <p style="text-align: center;">- cars and bikes are friends!</p>			
<u>Summary</u>	This discussion was geared more towards the promotion of healthy living, and what the city can do as well as what we can do as people of the city		

3I – Youth Action Team of Fredericton

<u>Session</u>	3	<u>Breakout</u>	1
<u>Topic</u>	Youth Action Team of Fredericton		
<u>Convener</u>	Ishtar Al-Tahir	<u>Contact</u>	ishtaraltahir712@yahoo.com
<u>Note Taker</u>	Anna Johnson	<u>Contact</u>	hfkdp@stu.ca

<u>Issues</u>	
<ul style="list-style-type: none"> • Youth Action team is a group that aims to get youth involved an active • Looking for new members. Youth and adult allies. • Meets every second Monday 6:00-7:30, 618 Queen St. • Youth don't know about activities available to them. We need a way to inform youth and get them out to events • Youth Action Team survey (April 7) find out what exists in community and what we need. 	
<u>Recommendations</u>	
<ol style="list-style-type: none"> 1. Connecting with organizations in the community. 2. Youth week and youth forum 3. Boys and Girls Club may be able to provide a space. 4. Inspiring and empowering youth 5. Connecting with youth through posters, social media, word of mouth. 6. Physical activities, social activities, food security, alternative transportation. 7. Service learning grants for youth groups that have a clear plan. 	
<u>Action</u>	
<ol style="list-style-type: none"> 1. For more information about membership contact Ishtar.altahir@hotmail.com or check out a Youth Action Team meeting. 	
<u>Summary</u>	Need to connect with organizations around Fredericton to inspire youth to get out and be active.

3K - Integrated Housing

<u>Session</u>	3	<u>Breakout</u>	K
<u>Topic</u>	Integrated Housing		
<u>Convener</u>	Kathleen Cruttenden	<u>Contact</u>	Kathleen.cruttenden@unb.ca
<u>Note Taker</u>	John Coates	<u>Contact</u>	jcoates@stu.ca
<u>Issues</u>			
<ul style="list-style-type: none"> • Where to live as a senior, kind/size of house, location, are there enough to fill the condos being built • Many want to stay in own home • Isolation even in a crowd • Do we need new models of how we will be living? • Co-Housing is an exciting idea (shared common areas, multi-generational, shared tools,...) • Need someone to look out for you!! • Cultural preference for disconnect - single-family household 			

<ul style="list-style-type: none"> • Need to create community in very local areas, need not break down to build up • How do we go from ideal to action to result? - start with folks who are interested or of the same mind • Build up is one option but does not necessarily remove isolation • There may be a limit to the size to maintain social contact 	
<u>Recommendations</u>	
<ol style="list-style-type: none"> 1. Need to nurture community as an essential component 2. Look internationally for models that have been successful 3. Such as the Eden model and the results of study by Atlantic Seniors Housing Research Alliance (ASHra) 	
<u>Actions</u>	
<ol style="list-style-type: none"> 1. Recommend looking internationally at models that have been attempted and have been evaluated 2. Start with discussions among people about what they would like when they are seniors. Perhaps resurrect a seniors committee 	
<u>Summary</u>	Ask folks and then do research

3M – Fredericton Area Network Volunteer Council

<u>Session</u>	3	<u>Breakout</u>	M
<u>Topic</u>	Fredericton Area Network Volunteer Council		
<u>Convener</u>	Chris Grady	<u>Contact</u>	cgrady@nb.sympatico.ca
<u>Note taker</u>	Rachel Clarke	<u>Contact</u>	strategiccoordinator@cvala.ca
<u>Issues</u>			
<ul style="list-style-type: none"> • Grant for \$25,000 was acquired one year to spend. Build a webpage as a pointer webpage and provide homepage for those who don't have internet presence. It will encourage volunteer activities in the community. Seniors and youth do better in clusters, go and contact organizations that have a need, and assist those organizations. Bring visibilities to the community of volunteers within the city and between volunteer groups. • Core group members are retired or in that age bracket, needed something to do. • Have reconditioned old computers and redistributed them back into the community • 6 members whom volunteer their time. Would like to see 8-10 members. • Give public face to organizations and generate city wide interest and awareness, as well as encourage for new people into the organizations. 			

<u>Recommendations</u>	
<ol style="list-style-type: none"> 1. Present to Rotary Club 2. Build a database with a reference plan so that each webpage doesn't have to be built from scratch. 3. Visual references such as logos 	
<u>Actions</u>	
<ol style="list-style-type: none"> 1. Develop infrastructure to sustain webpages and realize a business plan for long term funding. 	
<u>Summary</u>	Great Gathering was an excellent opportunity for the FANVC to introduce its project for the year. They are looking forward to working with the community of this project.

Proceedings: Saturday, March 15 – Themes, Strategies, and Action

Session 4 – 1:00pm – 2:15pm

- A – Freddie Goes Green
- B – Youth Rocks
- C – Freddie on the Road
- D – Culture
- E – Freddie Gets Fit

4A – Freddie Goes Green

- Peak economic growth
- Green matters
- Recycling

<u>Session</u>	4	<u>Breakout</u>	A
<u>Theme</u>	Freddie Goes Green		
<u>Convener</u>	Kelsey Wilson & Arthur Taylor	<u>Contact</u>	wilson.kelsey.a@gmail.com ecofredericton@gmail.com
<u>Issues</u>			
<ul style="list-style-type: none"> • Things start but don't continue <ul style="list-style-type: none"> ○ Education – they come and they go ○ Advocacy and citizens advisory group ○ PAC (just businesses and government) 			

<ul style="list-style-type: none"> ○ Inclusivity
<p><u>Concrete Actions</u></p>
<ul style="list-style-type: none"> ● Skill share board to be posted at Capital City Cycle with content mirrored on website ● Demand based workshops ● Advertisement
<p><u>Measureable Outcomes</u></p>
<ul style="list-style-type: none"> ● Development of a Bike Share ● Car Share <ul style="list-style-type: none"> ○ Exists in Halifax ○ Maritime Ride Share ● Tool Library <ul style="list-style-type: none"> ○ Makers space ○ Fabrication Library ● Land share ● Landless gardeners ● Pedestrians Streets ● Close streets – once a week or month ● Have Civic space ● Skill share <ul style="list-style-type: none"> ○ Free school (maybe Charlotte street art centre)(renaissance college) ○ Seniors teaching their skills and trade ○ Database ● Skills exchange <ul style="list-style-type: none"> ○ Social network ○ Job board at CCC ○ Workshops by donation

4B – Youth Rocks

- Services for youth
- Youth Action Team

<u>Session</u>	4	<u>Breakout</u>	B
<u>Theme</u>	Youth Rocks		
<u>Convener</u>	N/A	<u>Contact</u>	N/A
<u>Concrete Actions</u>			
What is available now? Youth Council			
<ul style="list-style-type: none"> ● Look for grants available 			

- Youth promoting youth → middle-high school – 1-2 year working
- Develop more social media for Youth Council
- Promotion in schools
- Discuss with city counsellor
- Empower youth

Measureable Outcomes

- Education on mental illness and getting rid of stigmas
- Sexual health education taught by younger people rather than by the teacher, people that youth can relate to
- Education on safe sex practices – incorporate into curriculum
- Have outdoor activities incorporated into curriculum
- Traffic calming area to play outside
- Have a more active a visible Youth Council
- Transit to safe play areas/safe routes
- Empower youth, let youth have a voice in deciding their lives
- Have free condoms available in school and education

Who is responsible

- GNB: Responsible for changes to curriculum
- Use social media to put forward youth perspectives and needs

4C – Freddie on the Road

- Traffic calming
- Sunday transit
- Transit issues

<u>Session</u>	4	<u>Breakout</u>	C
<u>Theme</u>	Freddie on the Road		
<u>Convener</u>	Bill McKenzie	<u>Contact</u>	bill.mackenzie@rrps-nb-sprn.ca
<u>Note Taker</u>	John Coates	<u>Contact</u>	jcoates@stu.ca
<u>Concrete Actions</u>			
<ul style="list-style-type: none"> • Set up a citizens committee • Contact Greg Ericson- • Contact other towns to see how their citizen advocacy works • Challenge councilors to use transit for a period of time! 			

<ul style="list-style-type: none"> • Like TTC in Toronto • Adopt a bus stop 	
<u>Measureable Outcomes</u>	
<ul style="list-style-type: none"> • Set up a citizens group to get broad representation to advise, advocate for changes to the transit network in Fredericton. • Include a bus driver or two • Have a clear focus and agenda, and not a free for all so the committee has a coherent and strong voice. • Is there a national transit day? • Get access to ridership stats • Get people or businesses or non-profits to clean a bus stop in exchange for a free pass? "adopt a bus stop" • Contact other groups such as healthy lifestyle or trails or bikes about links with other groups - such as bikes at bus stops on edge of town so people can continue into the city by bus. • Important for one voice vs many single voices speaking to the city 	
<u>Who is Responsible</u>	
<ul style="list-style-type: none"> • Derek Ness, Doug Mullen are interested • seniors, drivers, MCAF, Business reps from North and South, • Invite old members • Doug will reconvene a first meeting of old group and new members with the idea of setting up a transit advocacy group with a wide representation. First meeting will address gaps in membership 	
<u>Summary</u>	Form a citizen group to advocate for better transit; present a coordinated/coherent approach for a stronger voice

4D – Culture

- Immigration
- Cultural development
- Intergenerational Fredericton

<u>Session</u>	4	<u>Breakout</u>	D
<u>Theme</u>	Culture		
<u>Convener</u>	Tina Despres	<u>Contact</u>	tinadespres@hotmail.com
<u>Concrete Actions</u>			
<ul style="list-style-type: none"> • Make neighbor reactivation committee, makes neighborhood inviting, need to look after each other • Need for co-ordination and communication • City planning needs to mesh align with all the initiative by various cultural groups • Promote inter-general sharing of wisdom and experience 			

- Opportunities for intergenerational interaction (eg many ways, volunteer seniors, connect with immigrant youth, cross cultural, inter cultural)

CULTURAL CHANGE

- Alternative medical care/alternative therapies, intercultural learning's
- Western aboriginal treatments, herbs
- Science knowledge can be found in unexpected places
- Need for community building through community centre where intergenerational
- Build social capital via neighbourhood
- Make Neighbourhood reactivation committee – makes neighbourhood inviting, need to look after each other

Measureable Outcomes

- Celebration of the vibrant cultures we have
- Cultural groups (eg theatre) to recognize co-ordination communication
- Having mature generation the supporters of cultural events

Who will do this

Tim to make neighbourhood reactivation committee

4E - Freddie Gets Fit

- Improving built environment
- Food security
- Preventable healthcare
- Senior care programs
- Midwifery
- Breastfeeding Friendly Neighborhoods
- Services for persons with disabilities
- Advocacy for persons with disabilities

<u>Session</u>	4	<u>Breakout</u>	E
<u>Theme</u>	Freddie Gets Fit		
<u>Convener</u>	N/A	<u>Contact</u>	N/A
<u>Concrete Actions</u>			
<ul style="list-style-type: none"> • Develop a Mentorship Program (Approach Volunteer Centre) <ul style="list-style-type: none"> ○ Seniors, youth etc <ul style="list-style-type: none"> ▪ Retirees supporting others 			

- Time & Expertise
- Education on what already exists (Stepping stones, Red Cross, Johnston Seniors Centre)
- Skills training for free
- Shared reciprocal mentorship program
 - Skill sharing
 - Knitting etc
- Connect through telecare for seniors
 - Seniors Online Directory
- Built environment – create it to be more inviting and create safer neighbourhoods – design to be community focus
- Ensure sidewalks and roads to be clear and accessible
- Grocery store design
- Mixed use neighbourhoods
- Promote midwifery
 - Primary care/health
- One stop shopping for health
 - Community centres
- Mental health and addiction
- Use nature resources as gym
- Smaller is often better
 - Encourages people to be mobile/active
- Traffic calming
 - Designing walking neighbourhoods to increase pedestrian/biking friendly while respecting accessibility
 - Less car centric
- Utilize green space more
- Turning “dead” spaces into community spaces
- Breast feeding friendly spaces
- Program to help seniors access activities
- Ask stepping stone senior centre if they promote this already
- Improve trail system
 - Connectivity

Measureable Outcomes

- Mentorship program
 - Create a steering group
 - List of organizations
 - Asset mapping
 - Volunteer centre facilitate?
 - Link

Session 5 – 2:15pm-3:30pm

A – Inclusion in Fredericton

- Affordable Housing
- Advocacy for Disabled
- Computer lessons
- Adult learning and literacy
- Access to justice
- One stop social service centre

5A – Inclusion in Fredericton

<u>Session</u>	5	<u>Breakout</u>	A
<u>Theme</u>	Inclusion in Fredericton		
<u>Convener</u>	Dennis Atchison	<u>Contact</u>	Dennis@dennisatchison.com
<u>Note Taker</u>	Jeff Richardson	<u>Contact</u>	jeff@unitedwaycentral.com

Concrete Actions

- Many separate items related to an interconnectedness that is at the core of an inclusive Fredericton.
- Develop an Umbrella Agency
 - Help/connect with service and advocacy
 - Existing directory: Fred Info
 - Build on this
 - Service NB
 - Off and online
 - Need to identify gaps such as for folks without a computer.
- Determine How to communicate/connect services
 - Newspaper
 - Newsletter (with water bill – NB Power?)
 - Neighbourhood centers
 - Intergenerational
 - Community/neighbourhood focus
 - Fredericton intercultural centre
 - Broad community mandate
 - Community-based bulletin boards
 - Use green spaces for boards
- Create Community awareness – inclusivity
 - Ex: sensory disabilities, Newcomers
 - Skill share/skills board
 - Outreach to/from jobs agencies
- Have a centre that creates templates for opportunities for interacting and creating community; such as

planning events for children, seniors, ... sharing services such as a lawn mower,

- People who wish to can come together to create. Perhaps look to using existing buildings - re-purposing existing structures.
- close a section of a street regularly (once a week) so people can interact more easily
- Have smaller community discussions using this model

Measureable Outcomes

- Next meeting: Know Your Neighbourhood
- Gathering spaces
 - Welcoming cites
 - Incorporate: bulletin boards
 - Skills seminars
 - Event spaces
 - Workshops
 - Green
- Build the Focal Point - let community decide
 - Schools
 - Churches
 - Fire hall
 - Street closures
 - A la Jazz and Blues
 - Regular meetings – monthly?
- How/Who can make it happen? (at the neighbourhood level)
 - GFSI/Conversations that matter
 - Identify or reclaim spaces
 - How do we acquire/transform existing space

Who will do this

- Fredericton North – Madeline B
- West Plat – Taeyon
- Sunshine – Derek Ness
- Devon – Eric M
- Skyline – David Coon
- New Maryland – Aimee F
- Barkers Pt – Sherry Coffey (lower St. Marys/noonan)
- Doone/Wilson – Tammy M
- Blogs/ Dunns corner – Ishtar