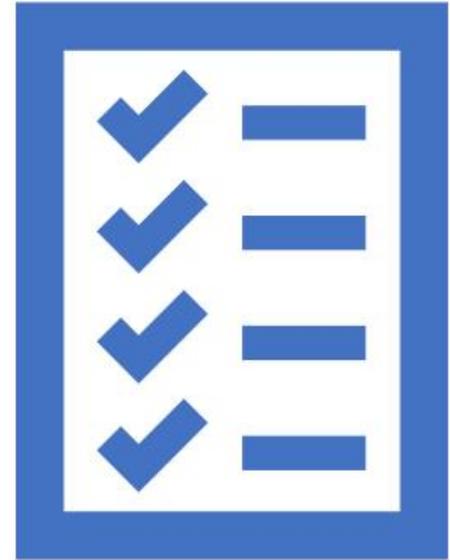


Needs Assessment Questionnaire

“People need a place to go to talk
and sit. We appreciate all the
work churches are doing”



Introduction

Every Wednesday afternoon from September to June volunteers from the Wilmot United Church congregation provide hospitality, food, clothes, a listening ear and a safe space for those living in the circumstance of poverty. On most Wednesdays there are also free haircuts, vouchers from local businesses, and bus tickets available on a first come-first served basis.

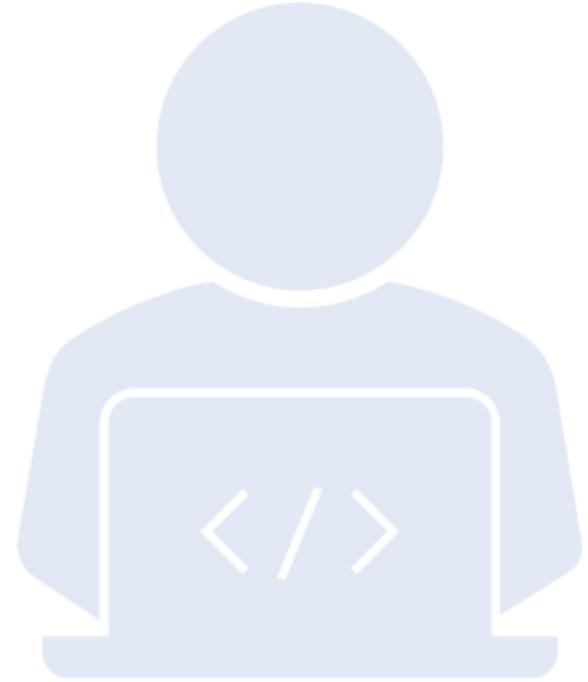
When individuals attended Wednesdays at Wilmot between March 20 and May 15, 2019, they were encouraged to complete a survey with the help of staff (as needed.)

The survey considered domains such as food security, housing, health, transportation, safety, socializing, and quality of life. Throughout the eight-week period sixty-one individuals between the ages of fifty and seventy-four completed the survey.

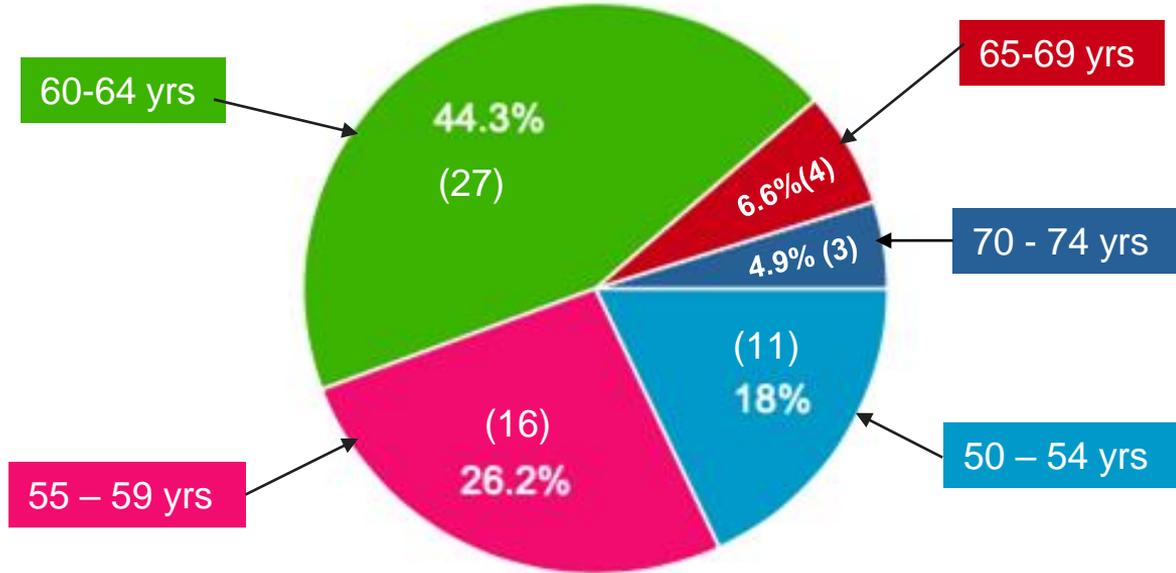
This survey and service was completed in partnership with [The Windsor Foundation & Wilmot Church](#).



General Information

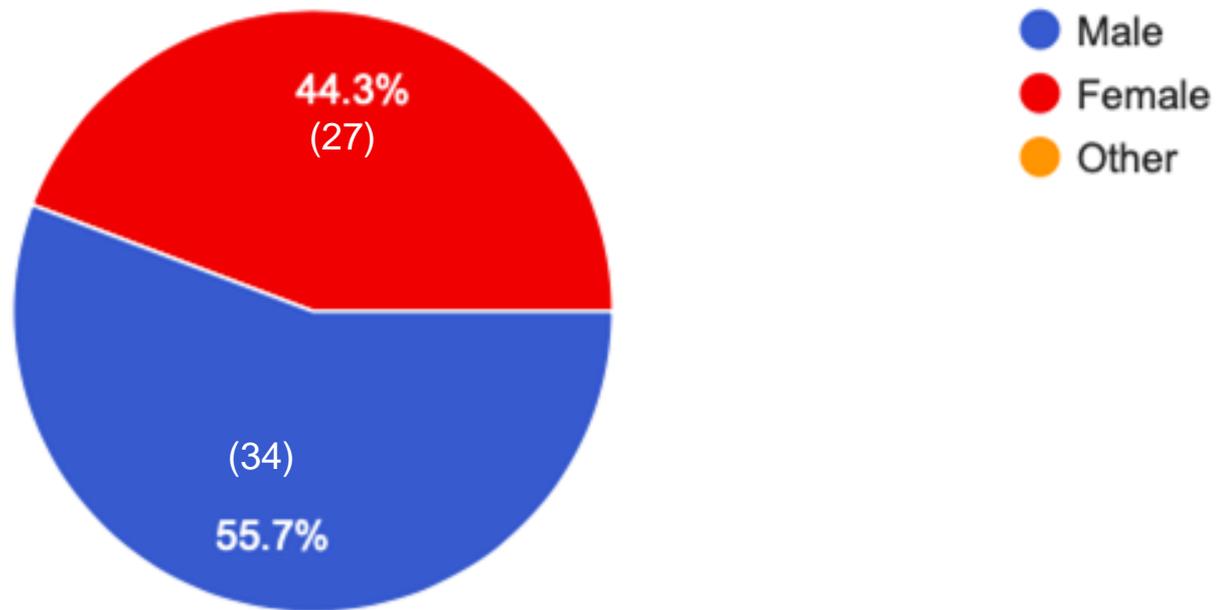


1 - Age Group



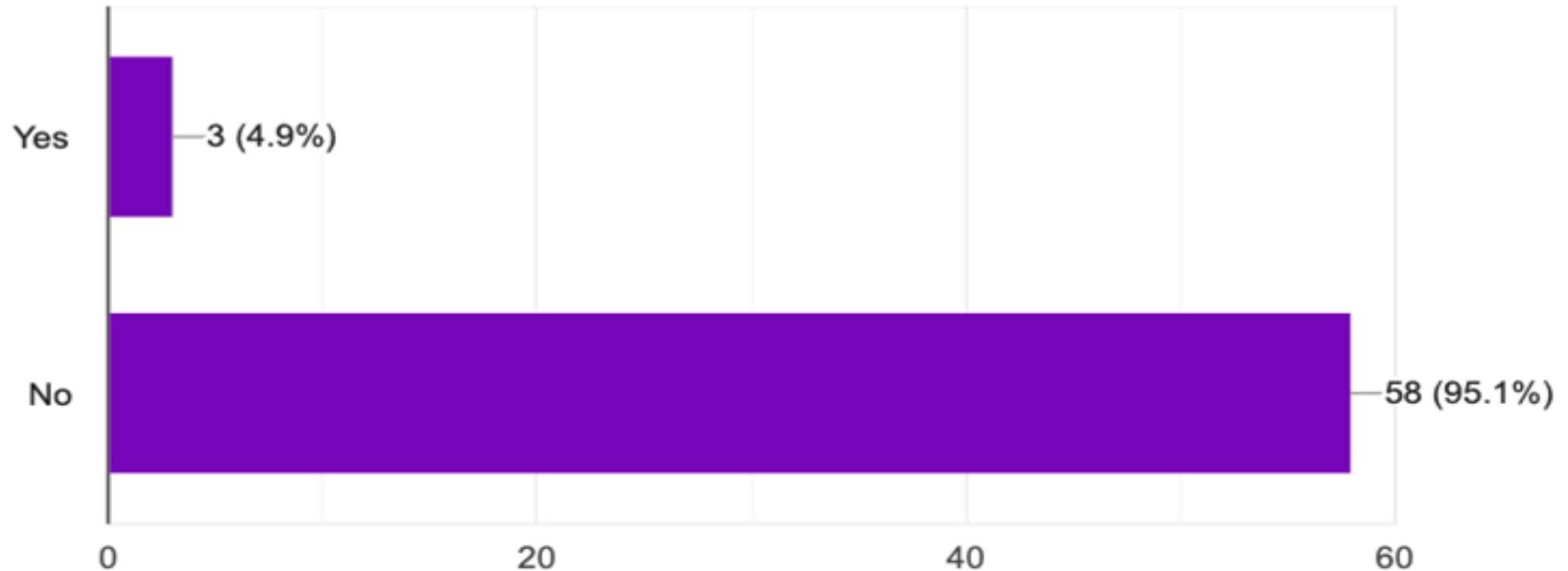
61 responses

2 - Gender



61 responses

3 - Do you have any dependents?

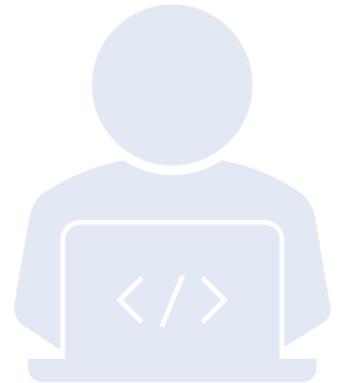


61 responses

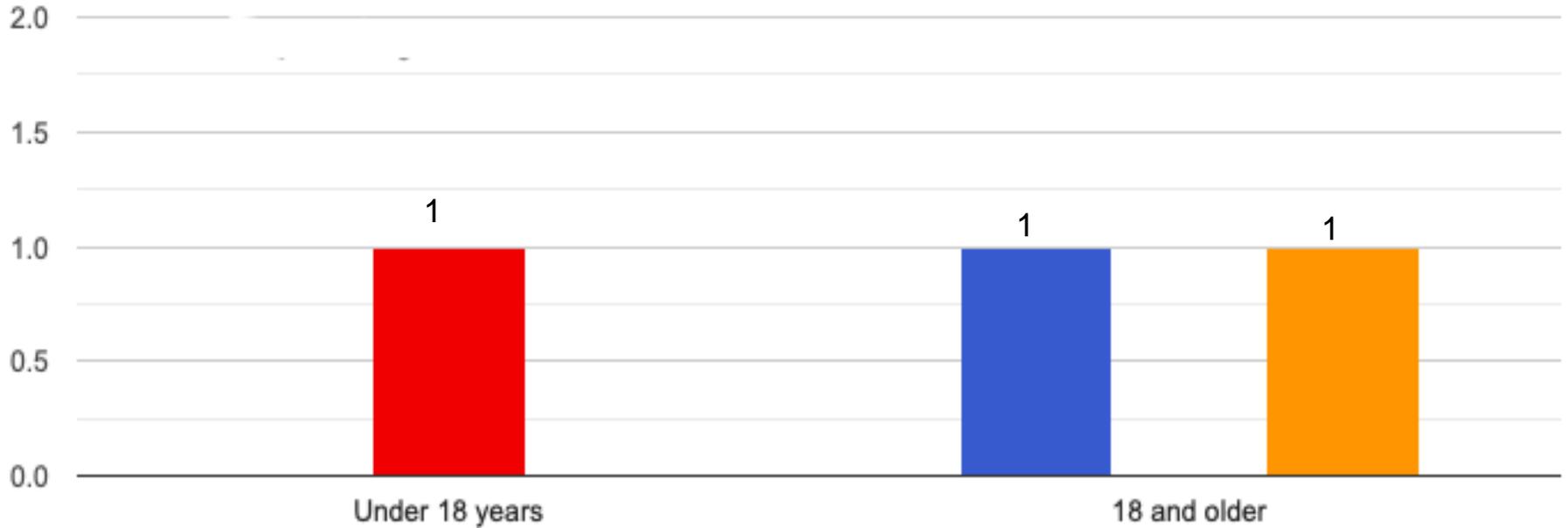
Number of Dependents?

Feedback:

- Staying with others while I am at the shelter.
- Have senior who I had to live with to help out as father had bypass surgery



4 - If yes, how many?



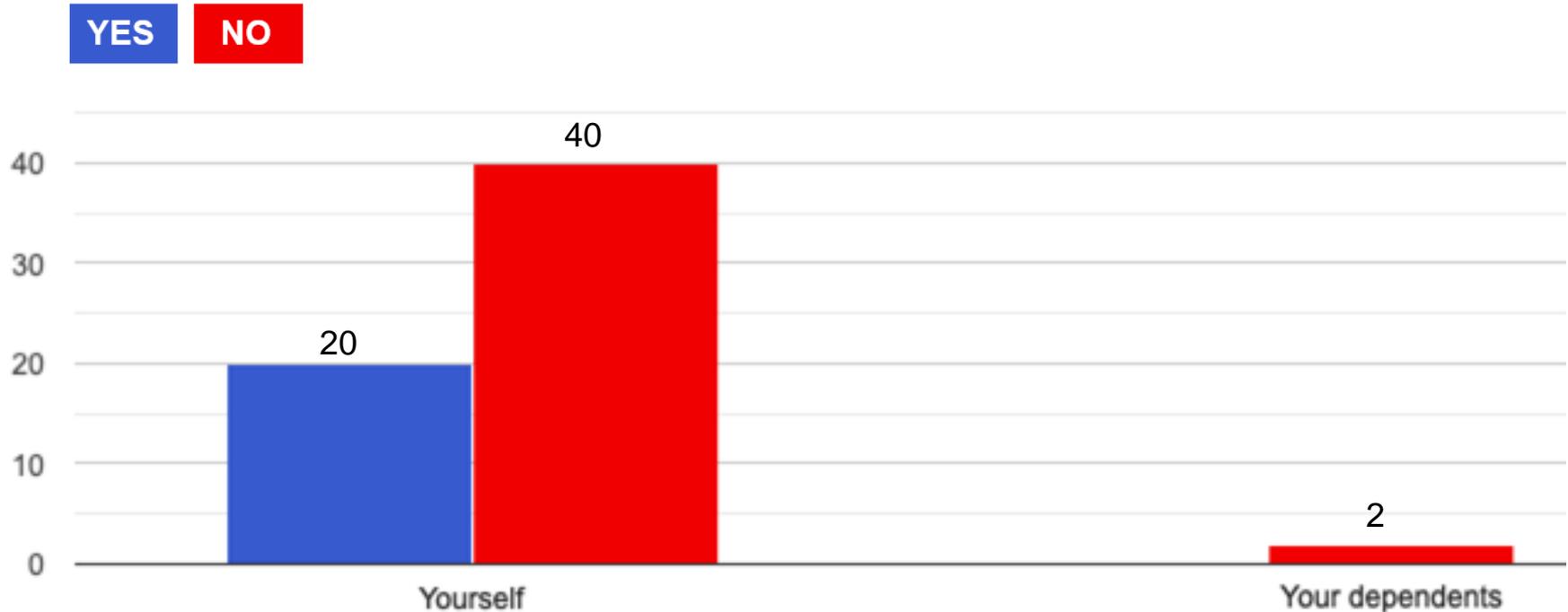


Food

“It’s hard to make ends meet to pay my bills and buy enough food”



5 - Throughout the month, do you have enough healthy food for:

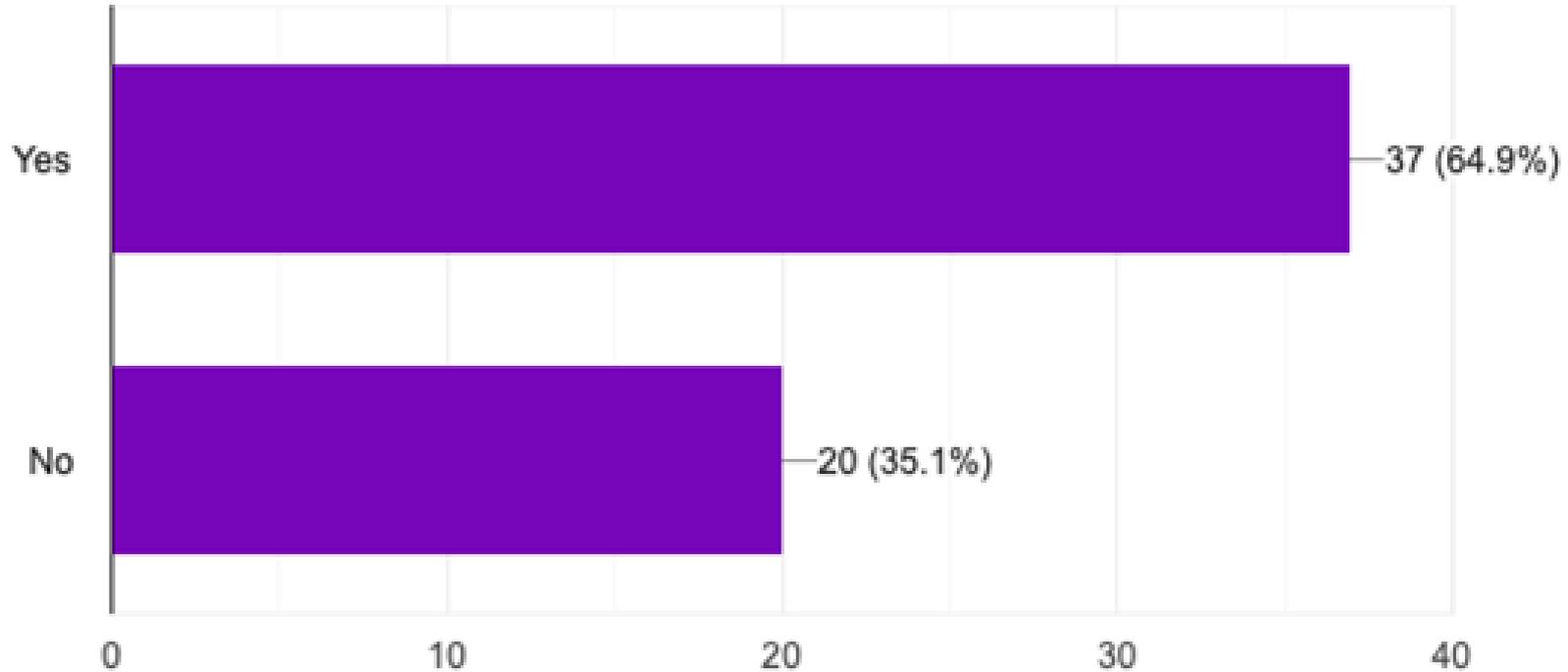


5 - Throughout the month, do you have enough healthy food for:

Feedback:

- Takes most of disposable income
- Yes. I am a diabetic
- Depends on getting supplemental food at places
- I collect cans of food
- Sometimes
- Recently has started Meals on Wheels
- Not enough fresh vegetables
- Community kitchen
- Not always healthy
- Can't always eat what is at the kitchen - food preferences and allergies
- Not enough without using community resources
- Most times
- Only half way through

6 - Do you skip meals throughout the month?



57 responses

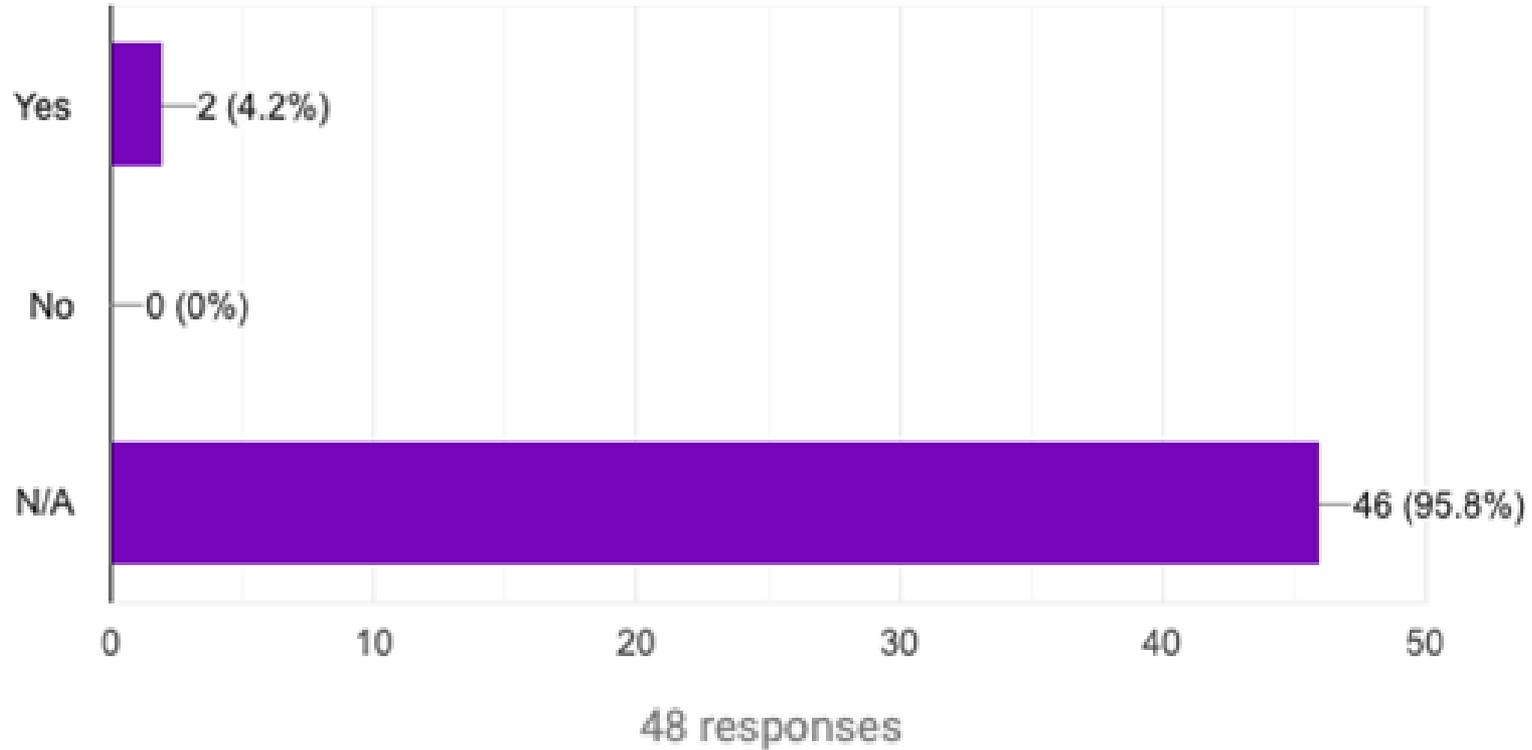
6 - Do you skip meals throughout the month?

Feedback:

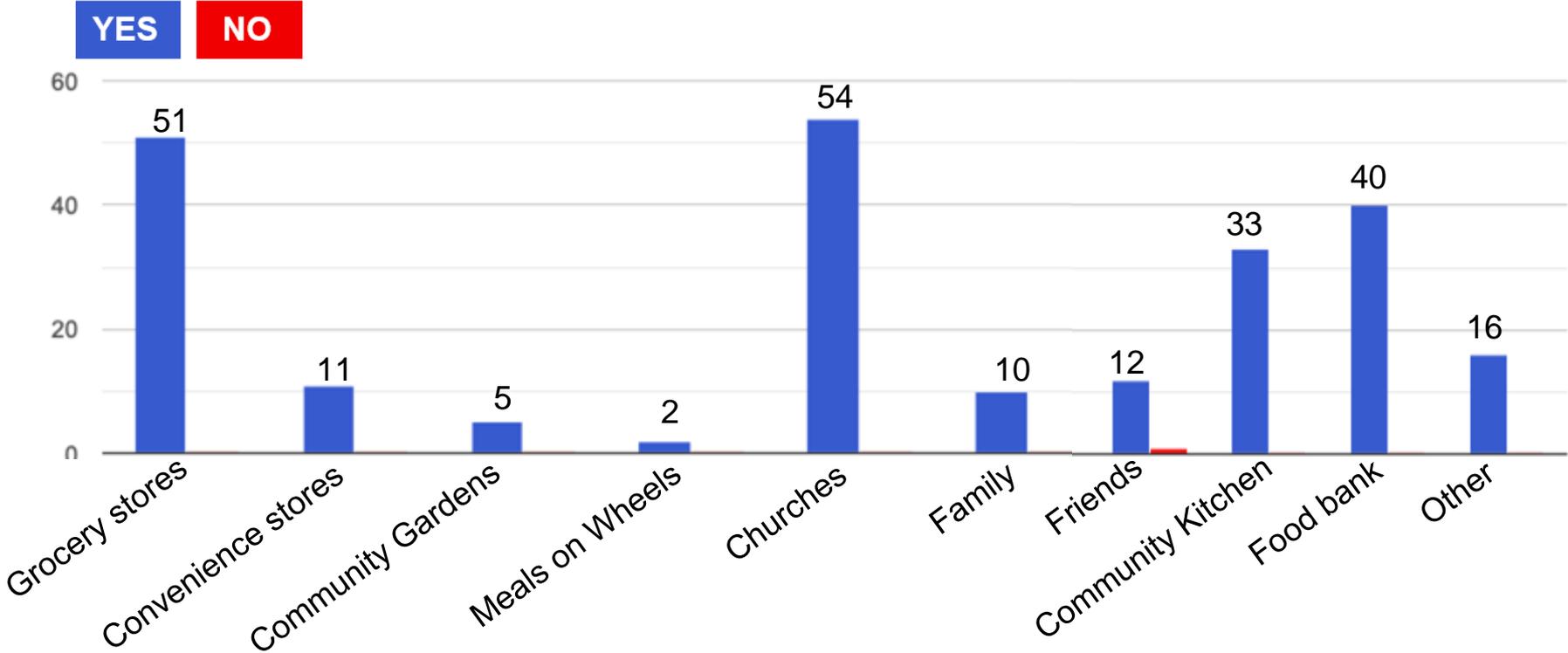
- Uses the community kitchen
- Don't feel like walking across town
- Do not eat much
- I skip lots of meals for poor health reasons
- At the end of the month sometimes
- Have been on disability
- Occasionally
- Go to the kitchen
- Sometimes
- Use protein replacement for meat
- Hard to make ends meet; to pay bills and buy enough food



7 - Do you skip meals to keep dependents fed?



8 - Where do you get your food? (check all that apply)



8 - Where do you get your food?

Feedback:

- Collect points - eg. Shoppers
- Victory
- 1st place (Community kitchen)
- 1st month
- Brunswick house lived for awhile + then shopped for groceries
- Veggies- get seconds from farmer friend
- Once in awhile (Family)
- Not often, far to walk (Community kitchen)
- Too far (Food bank)
- Thinking about it (Meals on Wheels)
- Sometimes food gets stolen from my place
- Just moved here
- Budget well and has experience as a cook, so I can make food last for months (no waste). With medical issues (Crohn's) has to be careful with what I eat
- Convenience stores- rarely, maybe a coffee
- Food bank monthly
- Downtown Health Clinic
- \$10 victory voucher monthly
- Sometimes Salvation Army
- When not in shelter
- Giant Tiger- use flyers for sales
- Not recently (food bank)



8 - Where do you get your food?

Feedback:

- Meals on wheels- eligible but not safe where I live
- Food bank- when I can get there
- Once in a while. Fresh often gone bad or can (Food bank)
- Rare (Grocery store)
- Hard to get there this winter (Food bank)
- Deliveries from food bank only give half a bag, and I don't have a way to get there
- In past, mostly needed help with food. Now I get Meals on Wheels 4x/week
- In past, when staying at shelter (Food bank)
- Spirit Cafe, when in need
- Health Clinic, food smart when I can afford
- Not good for diabetic health



8 - Where do you get your food?

Feedback:

- I barter for food and work to assist others, they in exchange give me food
- Not lately in past due to transportation (Food Bank)
- Wilmot
- Salvation army
- Giant Tiger
- Trying this summer (Community gardens)
- Bishops House
- Government assistant
- W@W
- I have problems remembering when things are
- Vouchers
- Victory



8 - Where do you get your food?

Feedback:

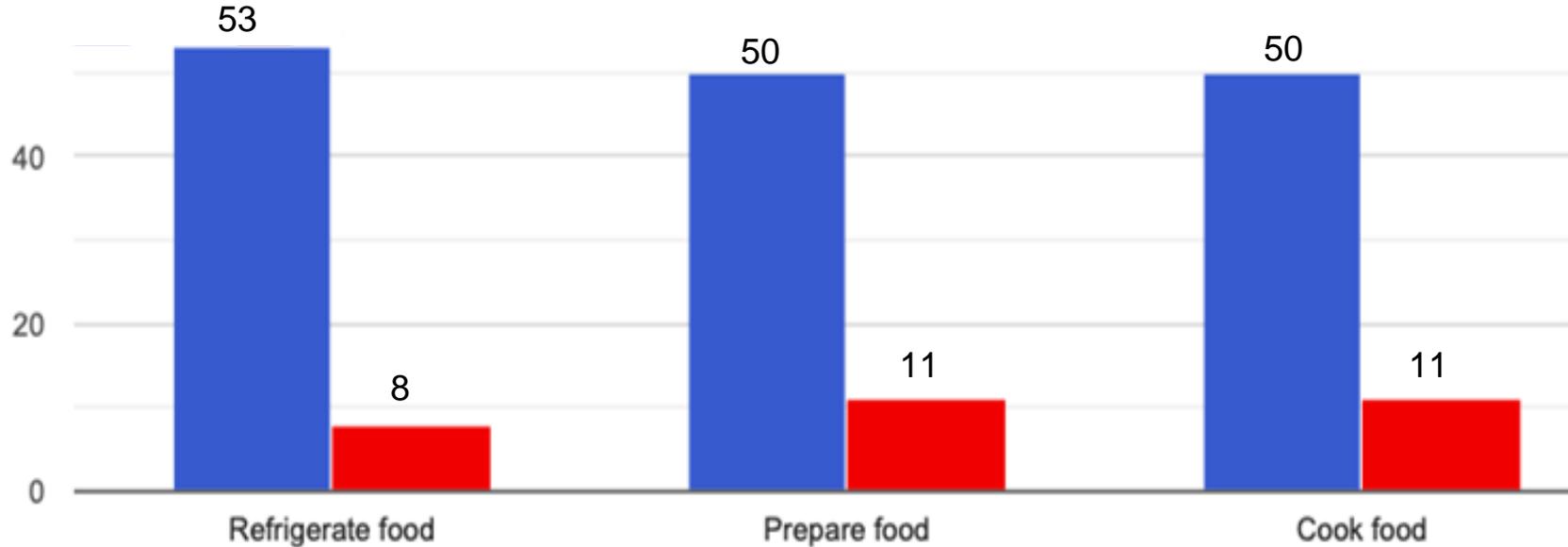
- Community kitchen too far
- Have received rotten food from food bank
- Dollar Store
- Go wherever I can get deals
- Rarely at grocery store- not enough money
- Twice a month from victory
- Occasionally help from sister
- Bishops OOTC
- Dollarstore
- Walmart
- I do not have sufficient money to buy groceries
- Live uptown. I can't always get to community kitchen, has issues with legs/mobility/ Do not have bus pass. Asked Social Development and have not been granted a pass



10 - Do you have place to:

YES

NO



10 - Do you have place to: Feedback:

- Hot plate between 7 people
- Electric skillet
- Not very good fridge
- I dont use the kitchen
- Use electric frying pan
- Tiny, full of clutter
- Have a microwave, uses it most
- Microwave
- Currently at Bishop's in fridge (refrigerate food)
- Small fridge in room
- Homeless



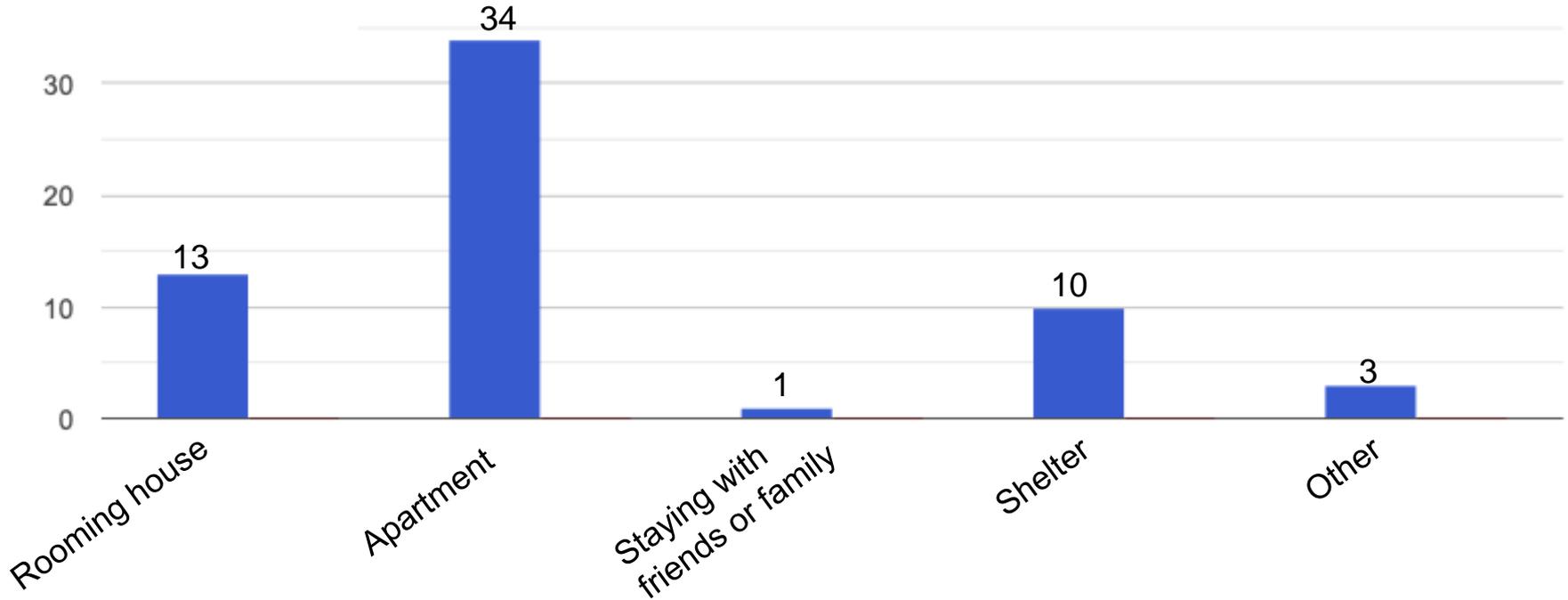


Housing

“I had to choose between 2 very bad options – special care home or terrible living conditions for my health”



11 - What is your current housing situation?



12 - What is your current housing situation?

Feedback:

- Bishops
- Housing first looking after finding a room for the first of May
- Subsidized housing
- Private home, electricity cut off last month (Crohn's disease, lost job while in hospital...)
- Apartment (Seniors)
- NB Housing
- Problems because of drugs
- Noisy, things get stolen
- Subsidized by NB Housing
- Denied housing 2x



12 - What is your current housing situation?

Feedback:

- Lucky enough to get subsidized housing in the only building the province owns
- Live in one room with facilities in room
- Moving into low cost housing (NB Housing) - April 1st
- Bishop House
- New Brunswick housing
- Roof blown off and leaking. Hoping for repair
- Mini home, can't afford to paint
- OOTC and Grace house
- Bad experience with seniors housing



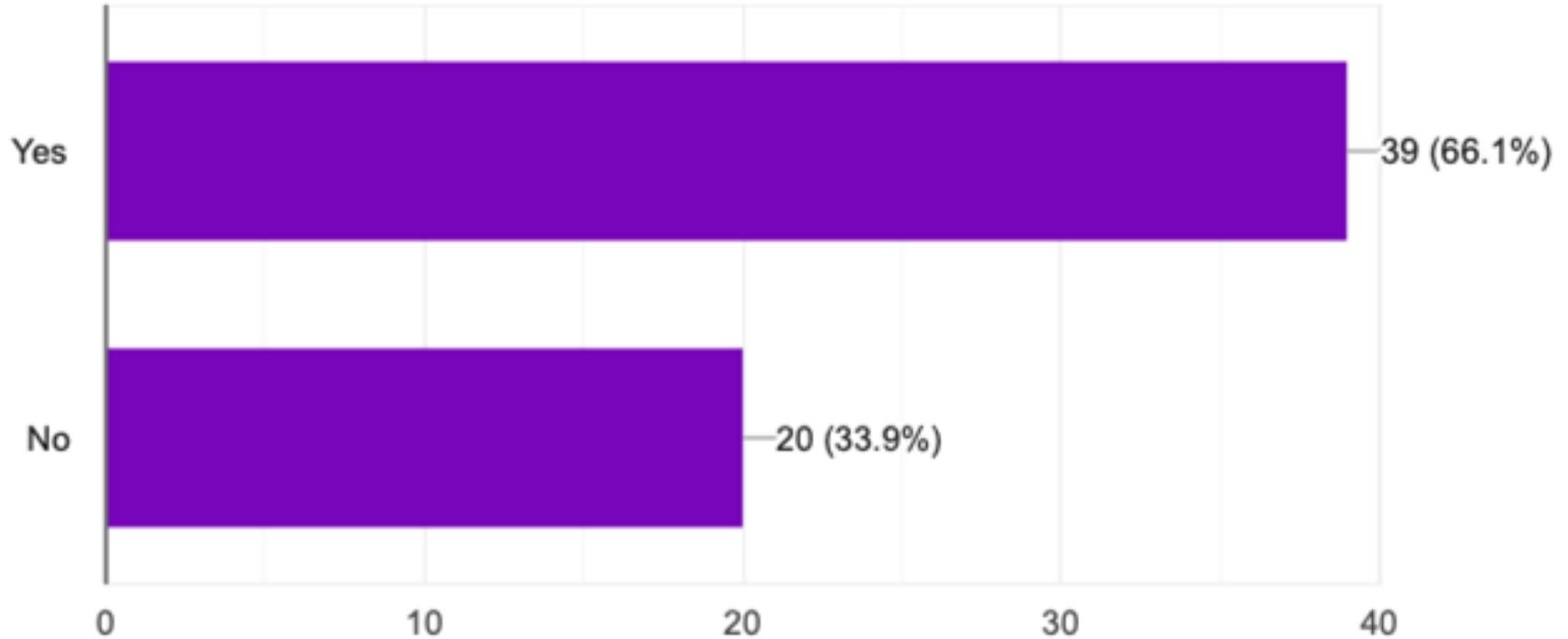
12 - What is your current housing situation?

Feedback:

- At shelter off and on, 5 or 6 years. Never offered a housing. \$250
- Could stay with friend if need be
- New to Fredericton
- In need of furniture = dresser/table and chairs/toaster/clothes/curtain rods/food
- Apartment through NB Housing
- None



13 - Is your housing affordable for you?



59 responses

14 - Is your housing affordable for you?

Feedback:

- Special arrangements need to be made
- \$400/month inclusive of power/heat
- Owns own home, but hard times, can't repair, very old + rundown; outside city
- Been there 23 years
- Shelter
- So far
- With a friend who always has a room where he stores his things
- \$400/month, no internet, no cable
- Will be affordable in 3 months when old age security kicks in
- Electricity very hard to pay - has had it cut off twice



14 - Is your housing affordable for you?

Feedback:

- Heat is expensive
- I have a nice place doesn't want to risk losing
- \$650/mo. For a room
- On CPP but amount is clawed back by Social Development
- NB Housing - all expense. 30% income
- Difficult to find a place I can afford on income assistance
- \$285.00 monthly, monthly cheque \$537.00
- Is in NB Housing (4)
- \$140- out of your cheque
- On list for low-income housing. Once working again, will get a place



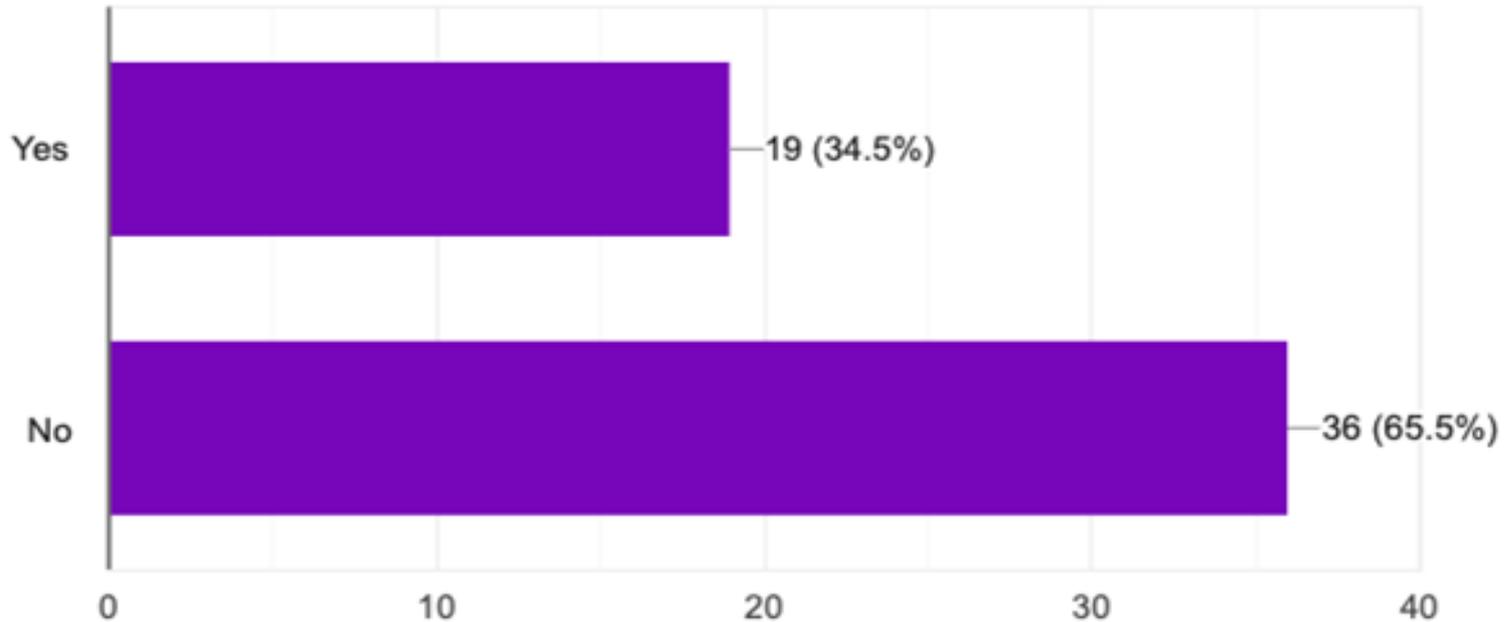
14 - Is your housing affordable for you?

Feedback:

- Yes and no- no job
- Subsidized
- If present room doesn't increase
- \$186/month
- \$224/month
- Subsidized by NB Housing
- 76 month, \$195 heat and hydro
- Rent \$400.00/\$668.00 income
- Challenging, but yes
- Half of monthly allowance is spent on rent. I need/want a job
- Cost is \$200, out of \$567 income per month



15 - Are you on the waiting list with N.B. Housing?



55 responses

16 - Are you on the waiting list with N.B. Housing?

Feedback:

- Going to move into NB housing April 1st
- I think I am on list. I have talked with a NB Housing worker and told to go see Mike Ryan
- Not anymore. Waited 6 ½ years on waitlists - just got a place
- Would like to be on the list
- In NB housing unit now (6)
- Was on list for 3 years
- I am not sure, think I am
- Never offered housing in 5 or 6 years
- They have already helped
- Not yet
- I waited 3 months, very happy that I had short wait
- No but maybe should be - I will call to inquire



16 - Are you on the waiting list with N.B. Housing?

Feedback:

- But it's tricky, not fair
- At present living in apt with NB Housing- seeking transfer to Fredericton to be near family
- Name is supposed to be put back on list
- Has had bill owing- damage
- Kicked out of NB Housing about 10 years ago
- Too many rules
- Had it twice - didn't work. People were dying all the time
- Trying to get a transfer to a safer place
- Only \$200 left after paying rent/heat

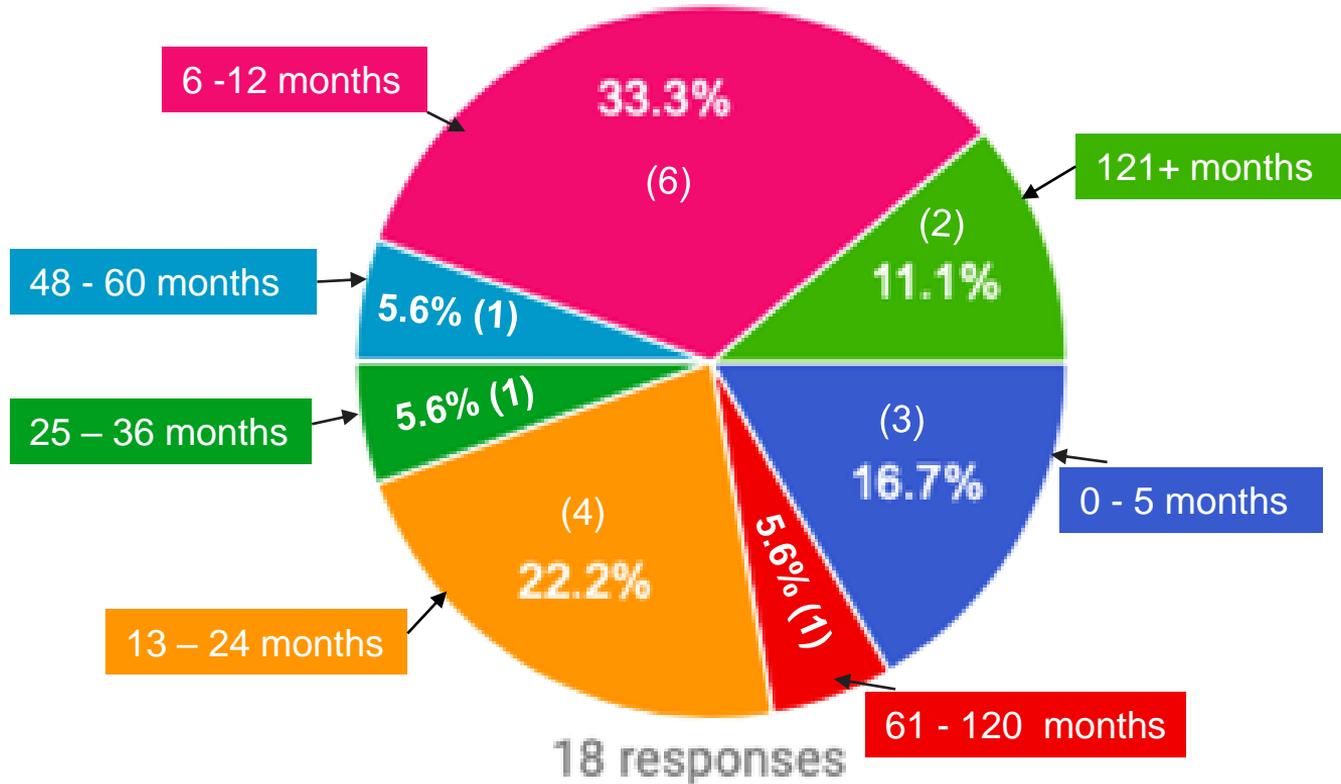


17 - If so, how long have you been on the waiting list with N.B. Housing?

Most people who responded were on the list for 1-3 months.
Several have been waiting years

18 Responses

17 - If so, how long have you been on the waiting list with N.B. Housing?



17 - If so, how long have you been on the list?

Feedback:

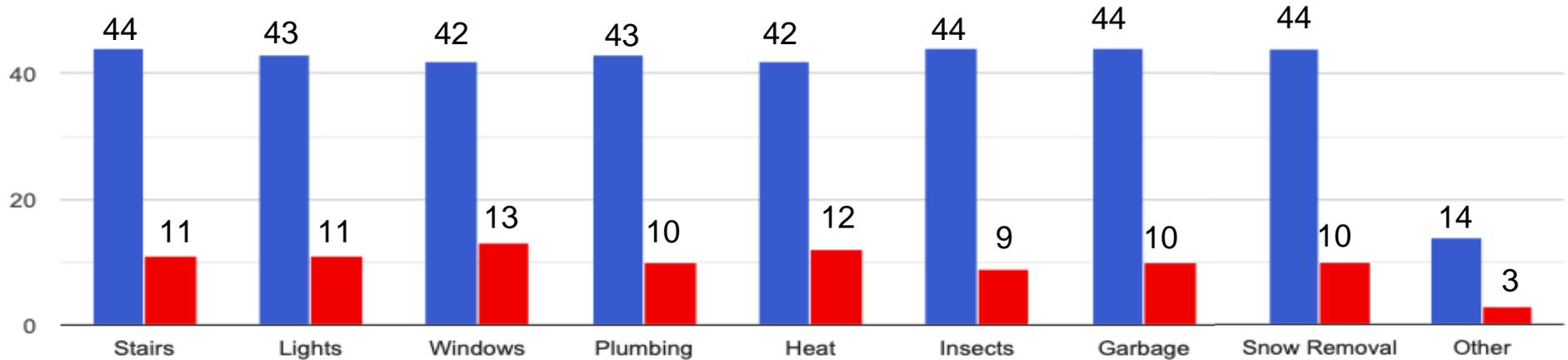
- 4-5 years
- Approx. 2 years. I have been offered but I let others take the place first
- 3 years. Had to choose between 2 very bad options- special care home or terrible living conditions inappropriate to my health
- Over one year (2)
- It was 3 months, fast tracked
- In the list 6 ½ years
- For 10 years
- Recently filled out form for NB Housing
- Couple of years
- Over 10 years, since parents died
- 2 months
- Couple of years
- Mike Ryan has to talk to me
- 5 or 6 years
- 7 months
- Over 20 years
- Give it to people who really need it



18 – Is/are the _____ in your house maintained?

YES

NO



18 - Is your housing generally maintained by owner or landlord?

Feedback:

- Have not moved in yet
- This answer is related to my last rooming home - approx. 6 months ago.
At present I am living in the shelter
- Pretty good
- No smoke detector hooked up
- No laundry
- Windows stick
- Cold
- Good landlord, old building
- Dirty, when you need something fixed can take months. Moncton is not responsive- even to electrical issues (sockets sparking)
- Trust the landlord
- Have to call Moncton to get everything fixed
- Shelter (2)
- Very satisfied and grateful
- Workers employed to do cleaning - not sure if they are doing an efficient job



18 - Is your housing generally maintained by owner or landlord?

Feedback:

- Old home - kept up well
- Full of mold, freight elevator that is too awkward, bed bugs, has to be on second floor when I use my walker, broken sewer line in bathroom, paths aren't salted or sanded, tenants are left in their apt
- Leaking roof, black mold on walls
- Lots of stairs to climb. Windows are drafty. I pay for my own heat-electric. Garbage bin outside - hard to get to in icy conditions. Landlord tries to maintain it. Good snow removal.
- Plumbing is old. If someone needs to have sink replaced, there is no water for anyone all day, they do put up a notice usually
- Unknown I have to move into housing April 1st



18 - Is your housing generally maintained by owner or landlord?

Feedback:

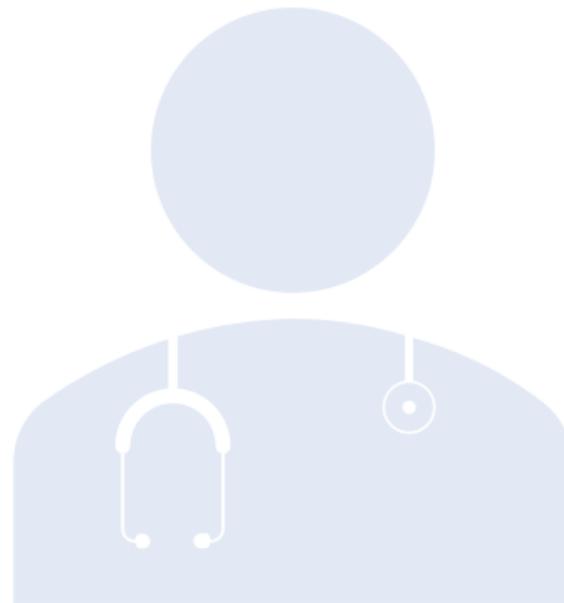
- 25 year old down the hallway committed suicide by hanging last week
- Roof requires repair
- Have to call Moncton for anything and they do not respond in timely manner. Waiting 5 months for faucet repair
- Takes care of it herself
- No complaint (2)
- Roof requires repair
- Have to call moncton for anything and they do not respond in timely manner. Waiting 5 months for faucet repair
- Take care of it myself



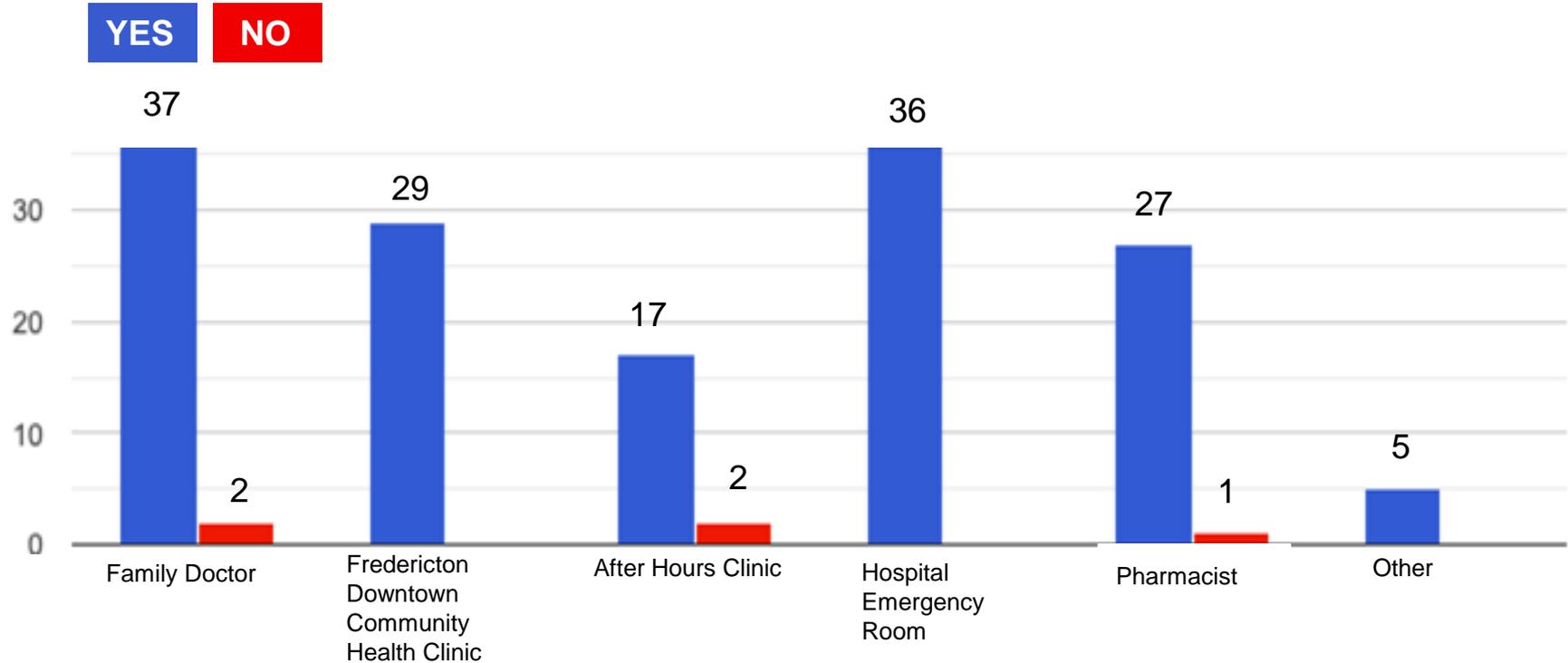


Health

“I want to get healthy so I can work again”



20 - When you have health problems, do you get help from:



21 - When you have health problems, where do you normally get help?

Feedback:

- Brookside Mall clinic
- I have to book 2 weeks ahead. (Family Doctor)
- Love them there (Fredericton Downtown Community Health Clinic)
- I see a Urologist for ongoing bladder problems
- Usual 1st place (Fredericton Downtown Community Health Clinic)
- Health card applied for but not received after 3 months
- Lots of visits (Hospital emergency room)
- Retired (Family Doctor)
- Helpful (Pharmacist)
- Is in Woodstock and trying to get transferred to a doctor here (Family doctor)
- Questions asked to (Pharmacist)



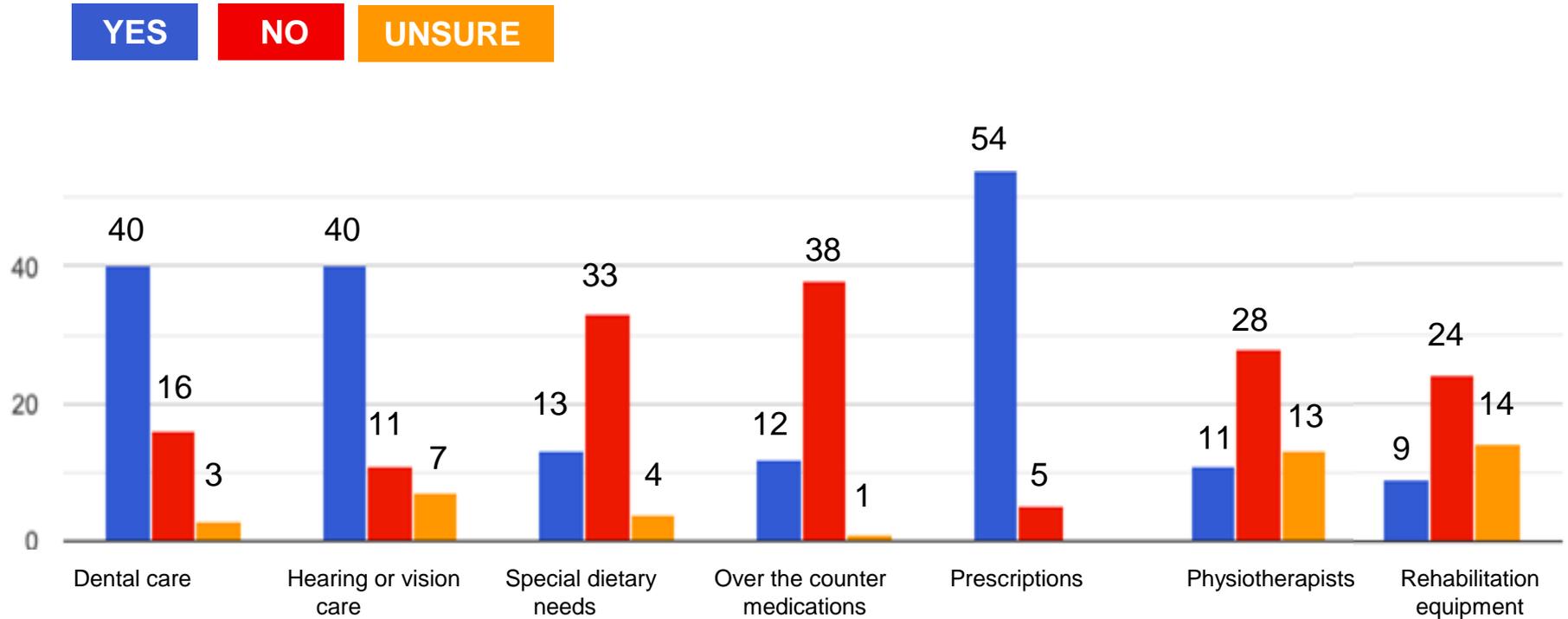
21 - When you have health problems, where do you normally get help?

Feedback:

- Denied care at Fredericton Downtown
- Have a heart condition. Sometimes I have to wait when substitute doctors are caring for me. It can be confusing
- Doesn't take pills unless I have to
- In Oromocto- not easy to get there
- I don't take any medications
- I have Bladder Cancer, and I go in every 8 months or so for a scope
- Get one when released from hospital (Family doctor)
- Diabetic clinic
- If I had to (Hospital emergency room)
- Really healthy
- Sleep clinic at Fredericton Medical Clinic
- Problem getting medication
- Social services - health card
- Ambulance



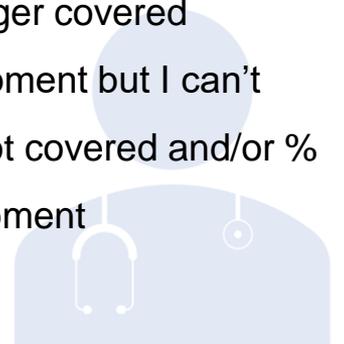
22 - When needed, do you have coverage for:



23 - When needed, do you have coverage for?

Feedback:

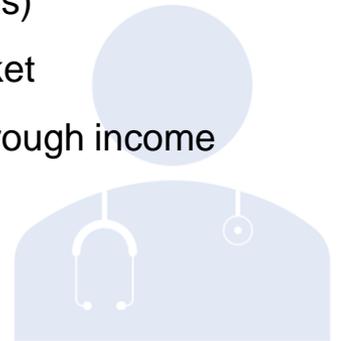
- Need pads - UTI not covered unless drug store allows it.
- To a certain point. (Hearing and vision)
- NB health plan
- Red Cross rental
- \$40/month (Special dietary needs)
- \$5/month for prescription
- A little bit \$100/year (Hearing and vision)
- If needed (Rehabilitation equipment)
- Will check with social development
- Will find out if social service covers
- I got a cane from the church. I keep losing them .
- Through Red Cross or hospital on doctor's advice
- If referred to by doctor (physiotherapist)
- Hard for diabetics to look after their diet
- White card
- Would like to have eyes tested
- When turn 65, some expenses e.g. diabetic supplies (needles) are no longer covered
- Covered under social development but I can't cover the expense that are not covered and/or % not covered by social development



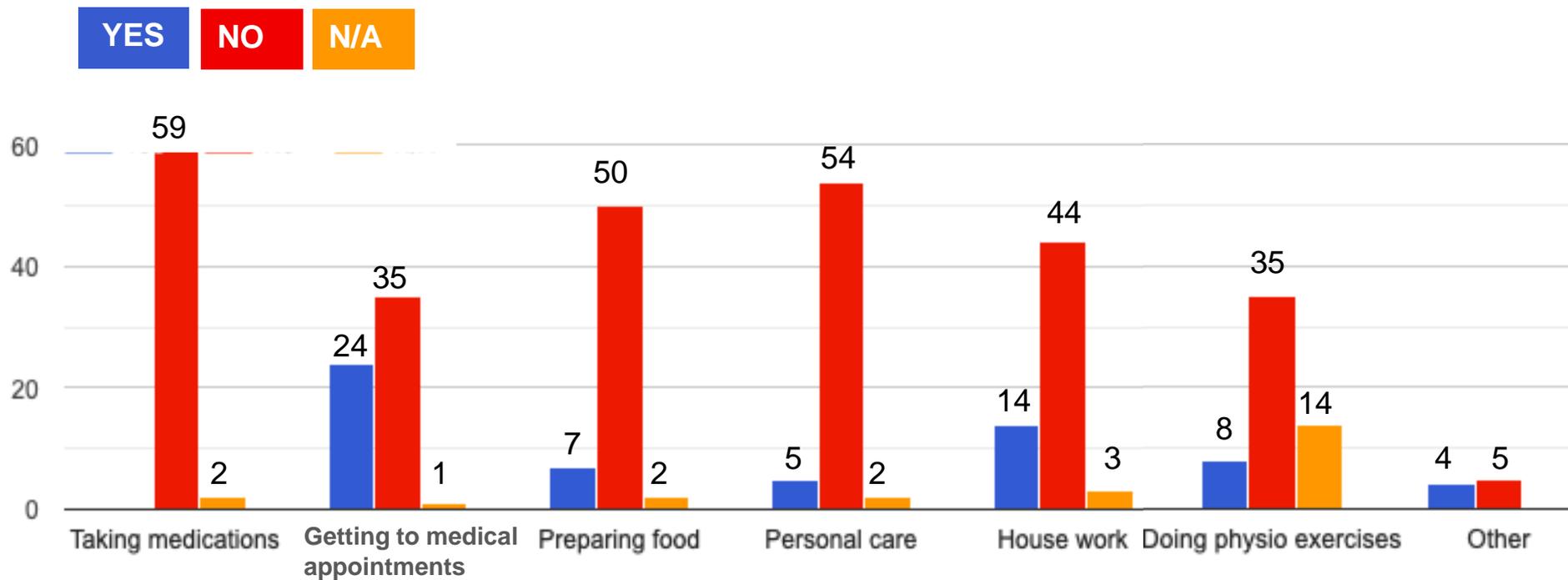
23 - When needed, do you have coverage for?

Feedback:

- Did have it. 50% blind. (Hearing or vision)
- Diabetic test strips and pricking kit
- Dentures not covered
- On social assistance and covered as per program
- Medicare card expired, trouble getting it renewed
- Has sleep apnea and cannot afford machine that works properly
- Partial coverage (hearing and vision) (2)
- Heart function clinic - nutritionist
- Health plan that pays partial
- White card
- I go to Red Cross for my cane
- Not used coverage for Dental care for a long time
- Moved/went to hospital. Owed at shelter (in arrears)
- Pays out of pocket
- Only covered through income assistance



24 - Do you need help with:



Do you need help with?

25 - Feedback:

- Sometimes (Getting to medical appointments)
- I often have a drive from friend (Getting to medical appointments)
- I exercise by myself but could use help (Doing physio exercises)
- Uses bus pass currently
- Community access centre for showers, laundry
- Dr. across river so I need the bus
- Would like a scooter for better mobility
- Suppose to do yoga – I don't know how
- Transportation- very much needed
- Personal care, depends on my MS that day. Balance is poor
- Money is a barrier to get to appointments



Do you need help with?

25 - Feedback:

- Has physical health issues that physio may help but would ongoing assistance/guidance - coaching to prevent pain. I don't know how to do it.
- Need a ride to mammogram
- With some things (e.g.) washrooms
- Only can take shower
- Don't know how to cook something
- Needs walker, is in wheelchair
- At present an outreach work - advocate for homeless, shelters, available to help if I am available, I also do counselling
- Need money to help with laundry - physically able
- Could use it because I have arthritis. But I don't have it (housework)



Do you need help with?

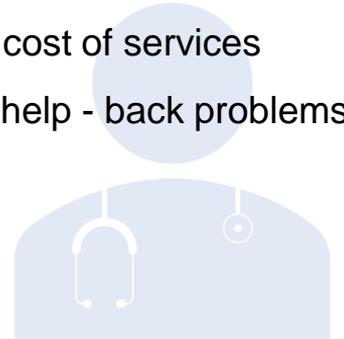
25 - Feedback:

- Church helped with getting NB license (funds), allowing for medicare card, etc.
- Waiting for an appointment with physio
- Bus tickets to medical appointments
- There are days I can't stand too long, which impacts food preparation
- Getting to medical appointments, difficult due to mobility and lack of bus pass
- To get groceries
- Has a bad leg - using a walking brace and may need help due to leg sore



26 - If yes, what would help?

- Housekeeper
- Transportation to appointments
- Healthy now
- Had a scooter but had an accident and wrote it off
- Snow banks are an issue for scooter
- Personal care worker supplied
- safe accommodations
- Housekeeper 2hrs/week
- House keep and services (e.g. meals on wheels help)
- Assistance with costs
- More money
- Doctor moved to Oromocto so rents a car once a year
- Bus pass (6)
- Has MS, needs help with housework, etc.
- Homecare for cleaning, groceries, cooking
- Could not afford full cost of services
- Housework - needs help - back problems, hips, ankles



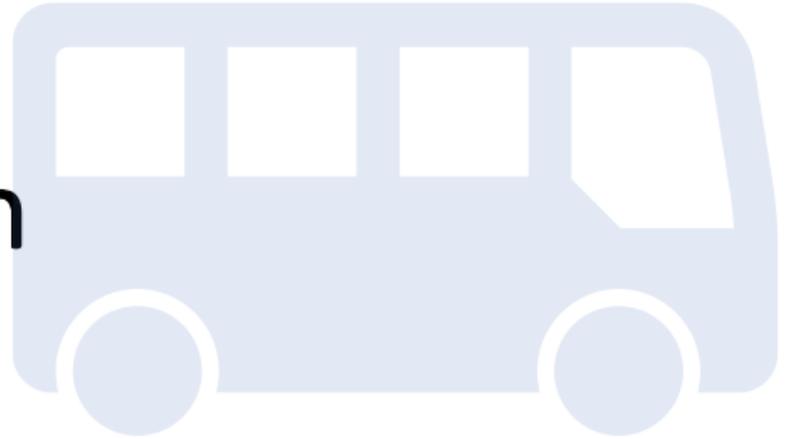
26 - If yes, what would help?

- Blister Packs
- Reminders for appointments
- Housework
- Assistance with ID is a big help (allowing for bankings/cheque cashing), medicare cares, etc.
- Generally okay with getting to appointments. Friends have been helpful
- Friends sometimes help
- Getting healthy so I can work again (journeyman carpenter)



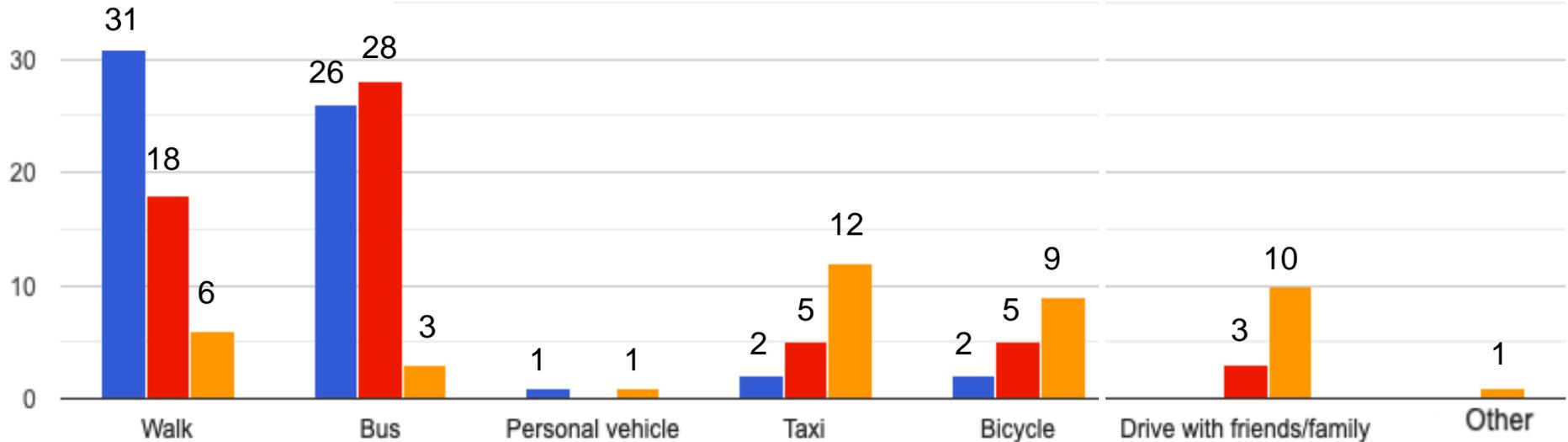


Transportation



“I can’t attend church, because there is no bus service on Sunday”

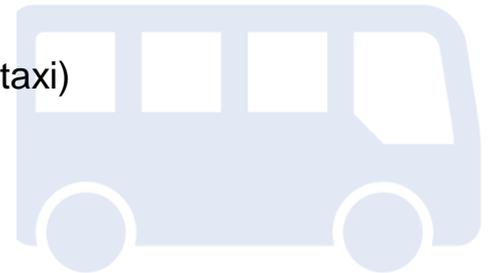
27 - What are your three main methods of Transportation (Rate 1, 2, 3 - 1 being most frequent)



27 - What are your 3 main methods of transportation?

Feedback:

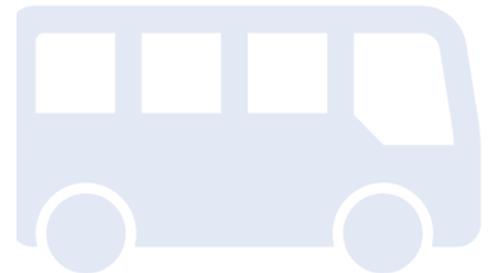
- If affordable (Bus)
- Bus passes available for some medical reasons
- Transportation impacted by weather. Has lung issues + can't walk in cold
- Bus more in winter
- Doesn't get out much, sore hips + knees
- Scooter
- Depends on bus tickets
- Paratransit for \$3 and they will send a taxi if not in wheelchair
- Sometimes will use at 1st of month if needing to carry many things (taxi)
- Areas I need to travel to I walk
- Can't afford bus travel often
- Groceries (taxi)



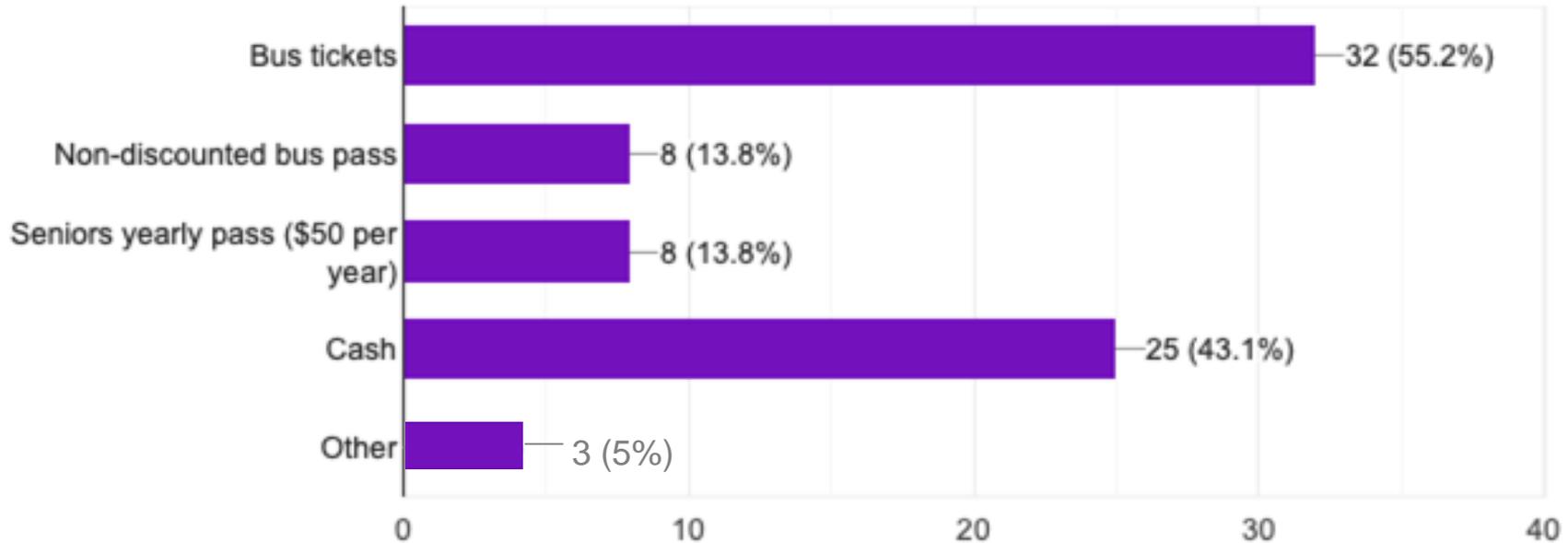
27 - What are your 3 main methods of transportation?

Feedback:

- Bikes even in winter
- Have a truck but cannot afford to run right now
- Use in summer (bicycle)
- Sometimes drive with my sister
- Mostly (bus)
- Dial a bus (\$3/trip)
- Occasionally if I have money (bus)
- Had a truck that was towed away and can't afford to get it back
- Had bike but was hit by a car
- Taxi too expensive
- Bicycle in summer
- Need a bike



29 - If you take the bus, how do you typically pay?

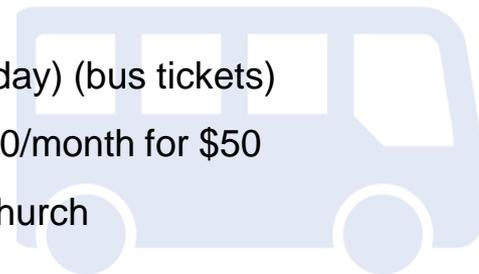


58 responses

If you take the bus, how do you typically pay?

30 – Feedback:

- While living in shelter I can obtain bus tickets for appointments - within reason
- Free due to medical appointments
- Sometimes sneaks on bus
- Only offered at 65+ (Seniors yearly pass)
- Bus pass through Social Assistance
- Not 65 yet
- Bus pass \$80/month
- Sometimes from Wed. @ Wilmot
- When he can get one (bike)
- Monthly pass (\$80)
- Bus tickets from Wilmot Church, sometimes at downtown community health clinic
- Social development provides monthly pass on month to month basis (because he was looking for work). Requires monthly application and proof
- Shelter will provide tickets for doctor's appointments, etc.
- Monthly pass
- From church (Monday) (bus tickets)
- Buys bus tickets- 20/month for \$50
- Gets tickets from church



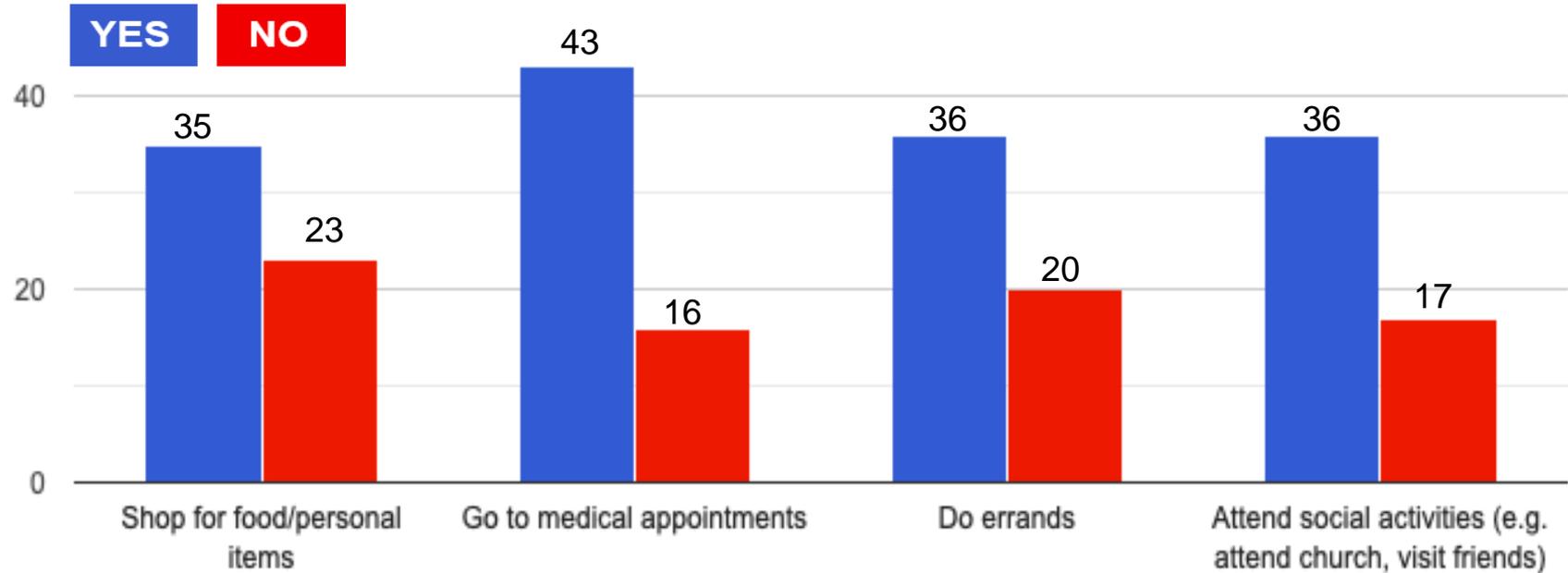
If you take the bus, how do you typically pay?

30 – Feedback:

- Sometimes (Bus tickets)
- Sometimes gets tickets from W@W
- From churches or clinics
- Seniors yearly pass (\$50 per year)- I do not qualify
- Has to walk if no bus tickets
- Monthly pass which is expensive. \$80.00 (Bus tickets)
- I don't think of asking Wilmot Church for Bus Tickets
- From disabled service program (bus tickets)
- Bus tickets when provided by 'helpers', church, doctor
- Bus tickets at drop ins. Works as volunteer. Not always last through the month
- If I have any (cash)
- Gets 2 free bus tickets per month from apt building
- Bus pass, monthly \$80
- Has not had seniors pass but interested when it costs \$50/year
- Would like this! (Seniors yearly pass)



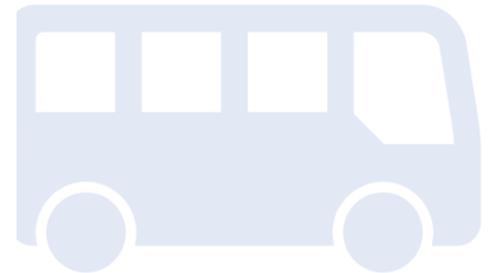
31 - Do you use public transit to:



31 - Do you use public transit to?

Feedback:

- Carrying it back is too difficult (Shop for food/personal items)
- Live outside city, have car, budget for gas
- Sometimes (do errands)
- Usually walks
- Prefers to walk, but snow has been a problem this year
- W@W (attend social activities)
- I do have tickets to go to these places - appointments are priority
- Have to pay bills at ATM machine
- Sometimes (do errands)



32 - If not, please tell us why?

- Not able to attend churches because no bus service on Sundays
- Living in shelter provides a location not necessarily use of public transit
- Bus requires person to pull cart up with them and I do not have strength
- Walk to churches & activities pays bills at Eastlink
- Live close to everything, try to walk as much as possible
- Sometimes half sister helps with transportation
- At the moment, my doctor is across the street
- Bus pass makes person feel more ordinary not 'low life.' Occasional use of bus tickets given by churches makes me feel looked down on
- Tries to scooter or walk

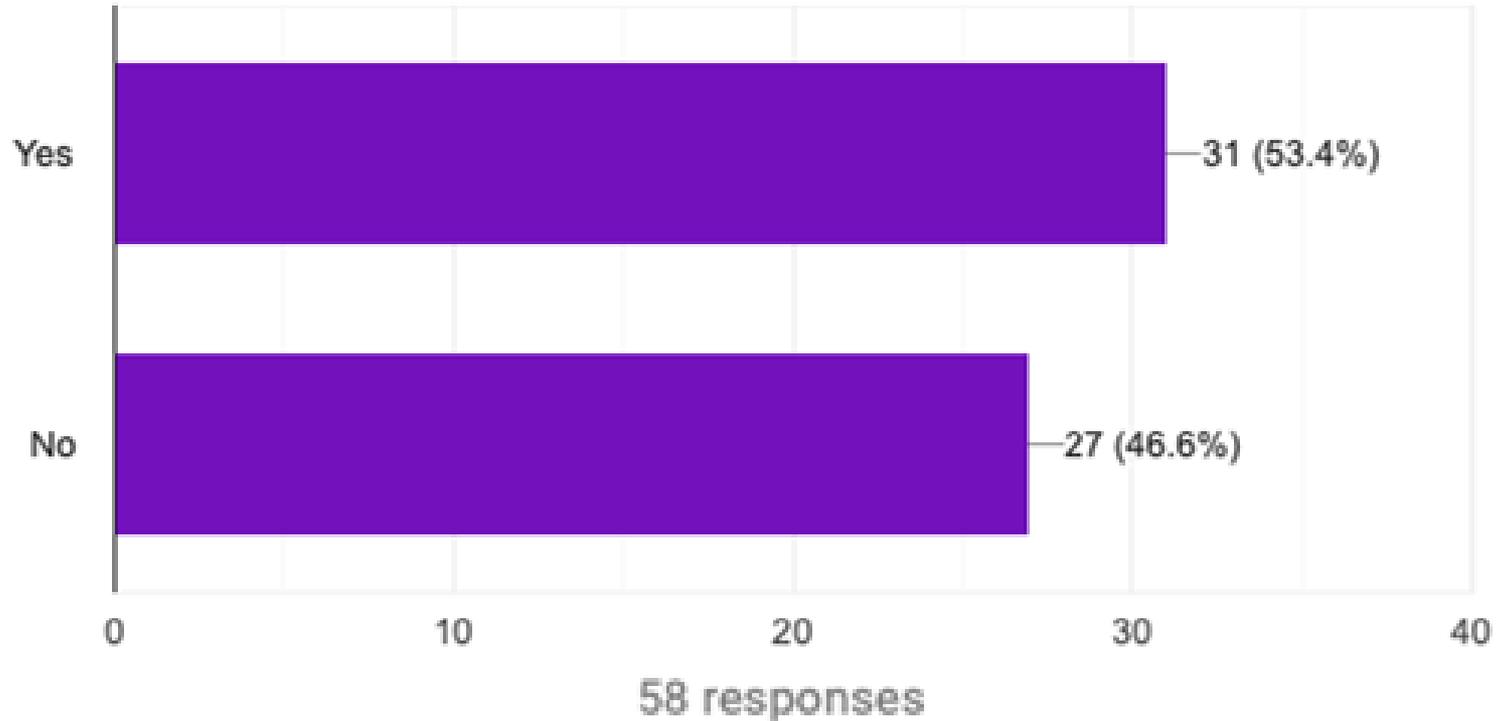


32 - If not, please tell us why?

- Does not use bus as lives downtown. So summer uses bicycle. When I use a bus I also take my bike on bus rack
- To meet with workers social development. Used bus to go to mall for something to do
- Walks to shop for food. Walking is a problem due to health issues
- Downtownn access
- No money to afford
- No bus service on Sundays
- No bus service to take her to church. I miss going to church
- Prefer walking- always been physically active
- Walk, can't afford
- Stores are handy to my home
- Prefers walking if possible
- Bus tickets are expensive
- Walk when close or take bus. Occasionally brother drives
- Lots of activities within walking distance
- I have a car



33 - Could you buy a bus pass at the proposed new low income rate of \$42/month?



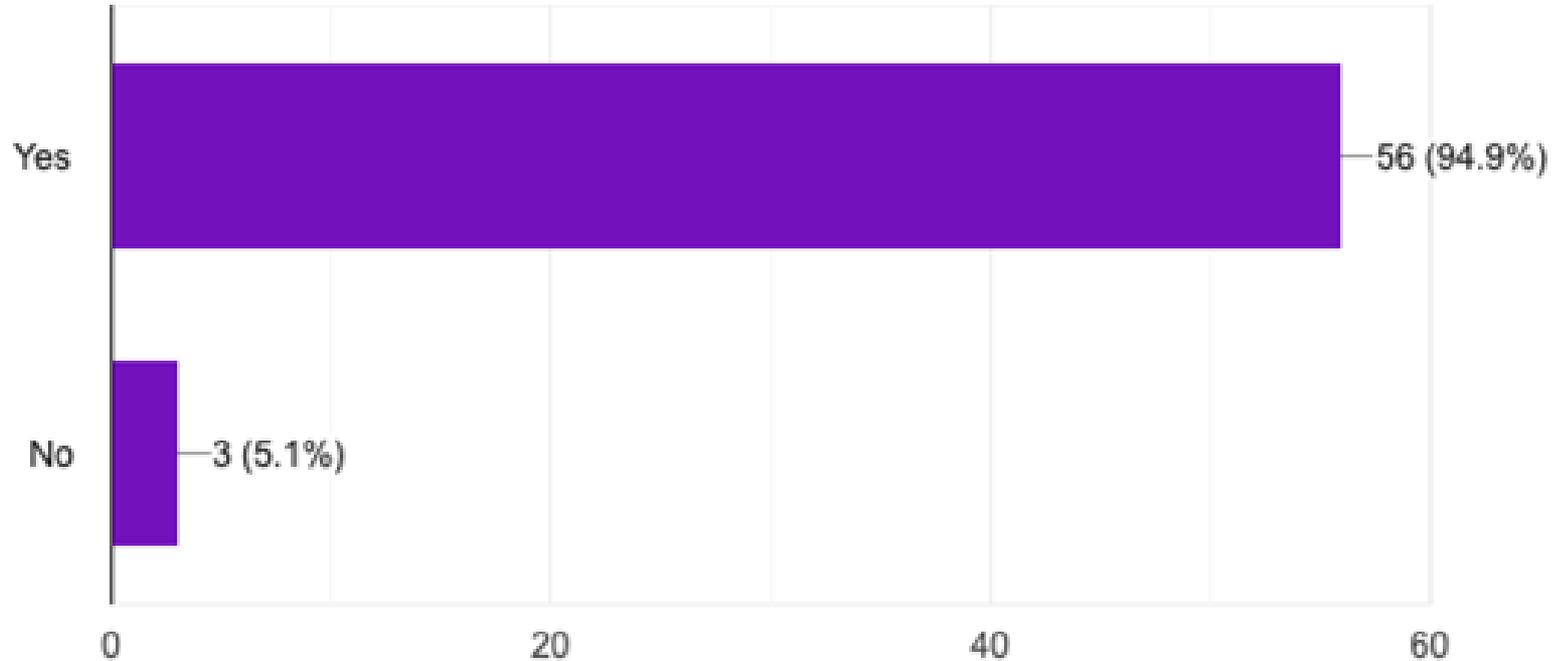
33 - Could you buy a bus pass at the proposed new low income rate of \$42 month?

Feedback:

- When heating cost is not high in summer, I might be able to afford a bus pass for a month
- Not unless the case worker helped
- Maybe. Depends on income when I turn 65
- Is paying \$80/month at present, so feels \$42 would be a big change
- Maybe, very positive about prospect of \$42
- Too expensive
- Barely
- Too expensive
- Maybe. Gets \$700/month income
- Yes, but it would be hard
- Yes, but don't use it that much
- Yes, but it's still quite a bit



34 - Can you access public transit where you live?

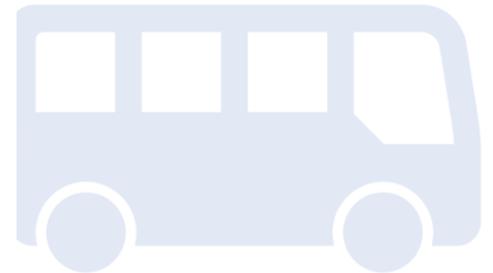


59 responses

34 - Can you access public transit where you live?

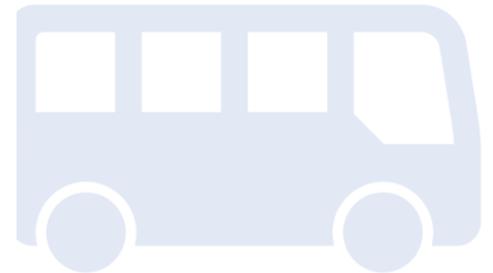
Feedback:

- I walk to Kings Place- ½ block to bus stop
- Would use bus tickets since a bus pass would be used maybe twice a month
- Lives downtown- service is good
- Beside UNB residence
- I has no choice but to pay for most of my transit, so I would make it work somehow
- I walk. Takes an hour or 1 ½ hours to walk downtown
- Would rather pay as I use
- At the men's shelter
- If I wanted to, which I don't

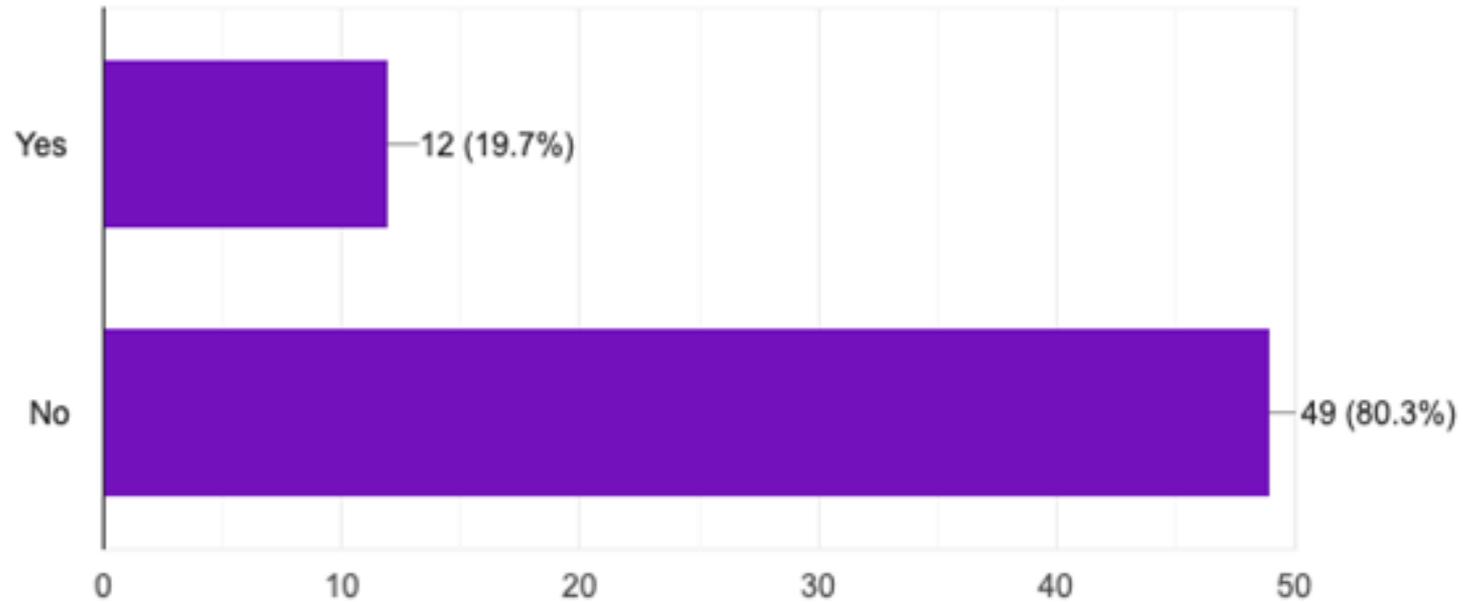


35 - If not, why?

- Searches for bus stops when looking for accomodation
- Too expensive
- Can't afford with income I get
- Would rarely use a bus pass
- 4 blocks away
- Beyond city limits
- Too costly



36 - Do you have physical challenges that require adapted transportation?

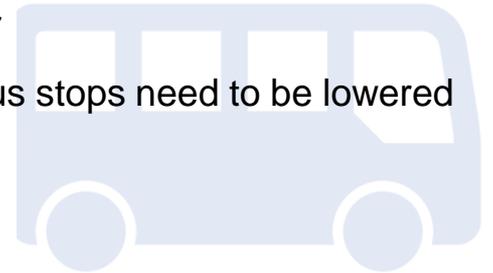


61 responses

37- Do you have physical challenges that require adapted transportation?

Feedback:

- Handi-Transit
- Breathing issues
- I just can't walk up too many stairs because my heart is real bad
- Use adapted transportation for scooter
- Bus driver assists me by lowering the steps and waits to make sure I am okay
- Sometimes
- Foot and leg issues - pain can prevent me from moving or sitting
- Blood clots have been prevalent
- Need a cane because mine broke
- Leg injuries
- Foot
- High blood pressure
- For flights of stairs
- Sometimes I use a cane
- Will be getting a 4 wheel scooter soon
- Wheelchair
- In winter bus stops need to be lowered



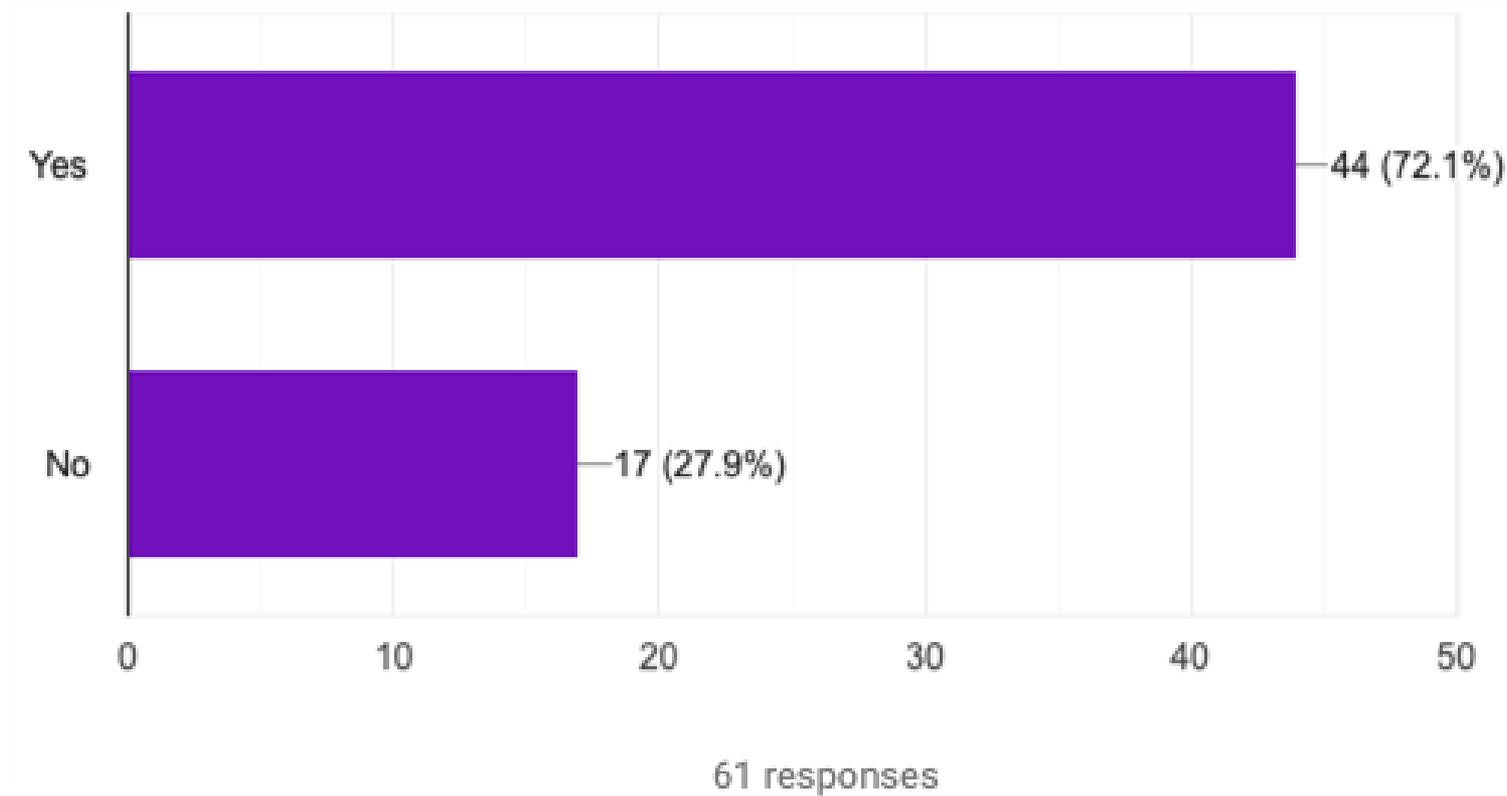


Safety

“Living in the shelter provides general safety but things can change with a large number of people living in the same area”



38 - Do you own a phone?



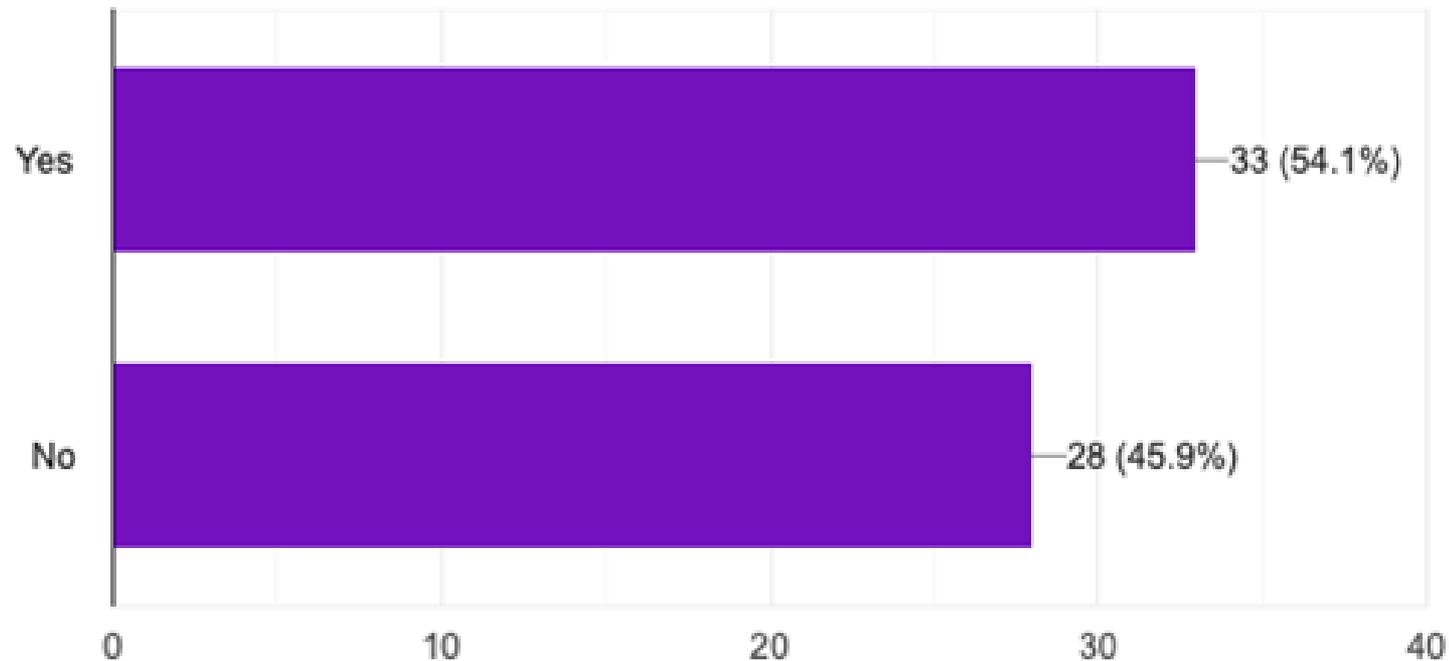
38 - Do you own a phone?

Feedback:

- Cell
- To book appointments
- Be in contact with people
- House, cell
- Yes, but I don't use it
- Yes, but not hooked up
- Landline (2)
- No minutes currently
- Had one but it was stolen
- Too expensive

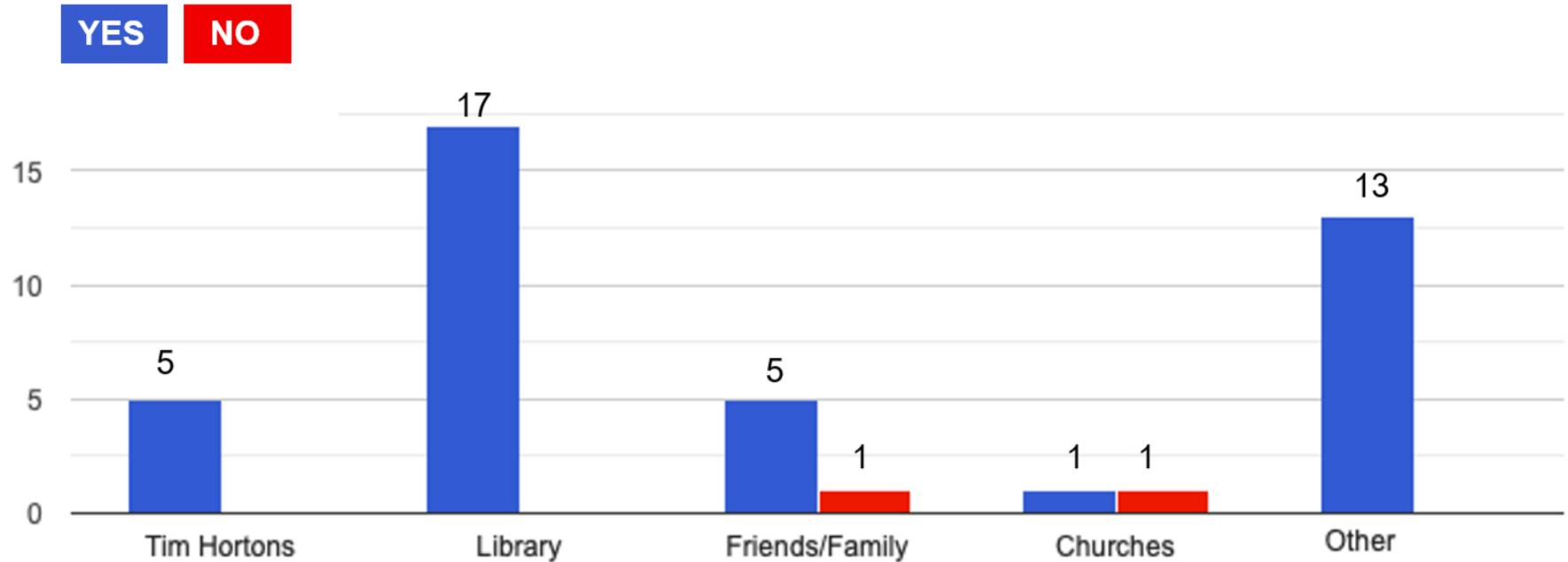


39 - Do you use the internet?



61 responses

40 - Do you access internet at the following locations?



41 - If so, where do you access the internet?

Feedback:

- From home (3)
- Friends (2)
- Friend in the apartment complex
- Can't afford & not included in his rent
- Thru Rogers 'connect for success' phone for low income people - will hook up to wifi. \$10.49/month
- Downtown
- Downtown Library (15)
- Tim Hortons Wi-Fi (5)
- Have data on my phone and use Wi-Fi hotspots
- St. Paul's. Did 3/nights/wk for out of the cold
- Laptops at shelter
- YMCA



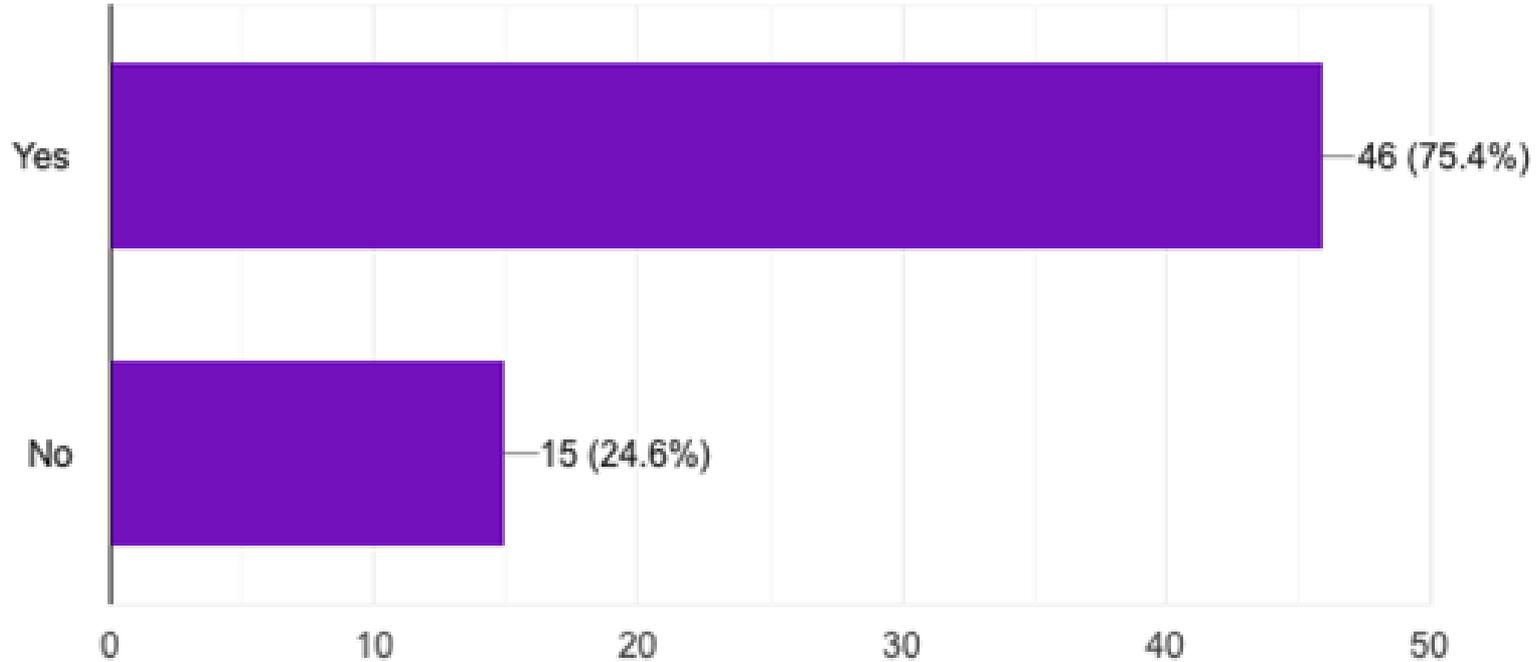
41 - If so, where do you access the internet?

Feedback:

- Friends phone to use Fredericton Wi-Fi
- Printing costs at library 15 cents per page- difficult
- Social Development, training labs, can use internet hard to get there
- On phone (data plan)
- PETL on St. Mary's St.
- Access neighbours Wi-Fi
- Have internet access on phone, \$55/month. Lifeline to my family
- At home- live with my brother who is working and has internet
- I owe money on my phone
- Uses library computers and to charge phone
- look up information only, no email
- Email
- In apartment building. Computer access \$10 per month... rate within apartment building



42 - Do you feel safe where you live?



61 responses

42 - Do you feel safe where you live?

Feedback:

- Living in the shelter provides general safety but things can change with a large number of people living in the same area
- Bishops House has staff to watch over us
- Needs are being met
- Food
- Medications locked up
- Basic needs are met
- Very happy with lodging
- Physically yes but housemates/borders some on drugs, leave things on
- Depending on day. Some residents are bipolar or go off medications. Must keep my door locked



42 - Do you feel safe where you live?

Feedback:

- Plant a garden every year
- Yes and no. Sometimes violence occurs. Drug related (alcohol)
- Yes but there are problem makers in area and rooming house
- Mice, rats, bedbugs
- No because of drug use in the building
- NO! Bullied, threatened, followed, unsafe because of her MS, suicidal by times but still sent back to apt where abusive behaviour happens and was sexually assaulted twice
- Depending on who else is living in same building
- At present with friends feels safe. Moving April 1st - there will be deadbolt and chain lock, plus door key - so I think I will be safe
- Bullied by other residents



42 - Do you feel safe where you live?

Feedback:

- At the men's shelter
- Recent suicide
- Very loud
- Shelter - fair amount of substance abuse, couple people with hepatitis, put needles in regular garbage, people coming off hard drugs start fights
- Place filled with drugs, people smoking, crystal meth
- Tenant in building allows people (hobos) in. Building owner does not do anything to address issue
- Except for threatening neighbour
- Was not safe until I got into subsidized housing
- Other residents



42 - Do you feel safe where you live?

Feedback:

- Not at Bishops and being homeless I have lost my dignity
- Unauthorized people in the building
- To live is Christ, to die is gain
- Would prefer camera in apartment so can see who is buzzing in



43 - If not, what would help?

- If I knew I was going to have my own place
- Single bedrooms - bachelor type
- Different house that isn't so overcrowded
- Overcoming fear
- Martial arts
- Deadbolt installation on your door
- Better screening of tenants
- Getting my own place
- Better qualifications for counsellors and staff at shelter
- Cleaning up/maintain building; improve electrical; fix roof; improve security
- Another place
- Safer area
- Fellow tenant is letting people into building (to sleep under steps, etc.)
- Electrical service/repair
- Housing where I can be on my own and financially afford to live
- Remove the tenants letting others in the building



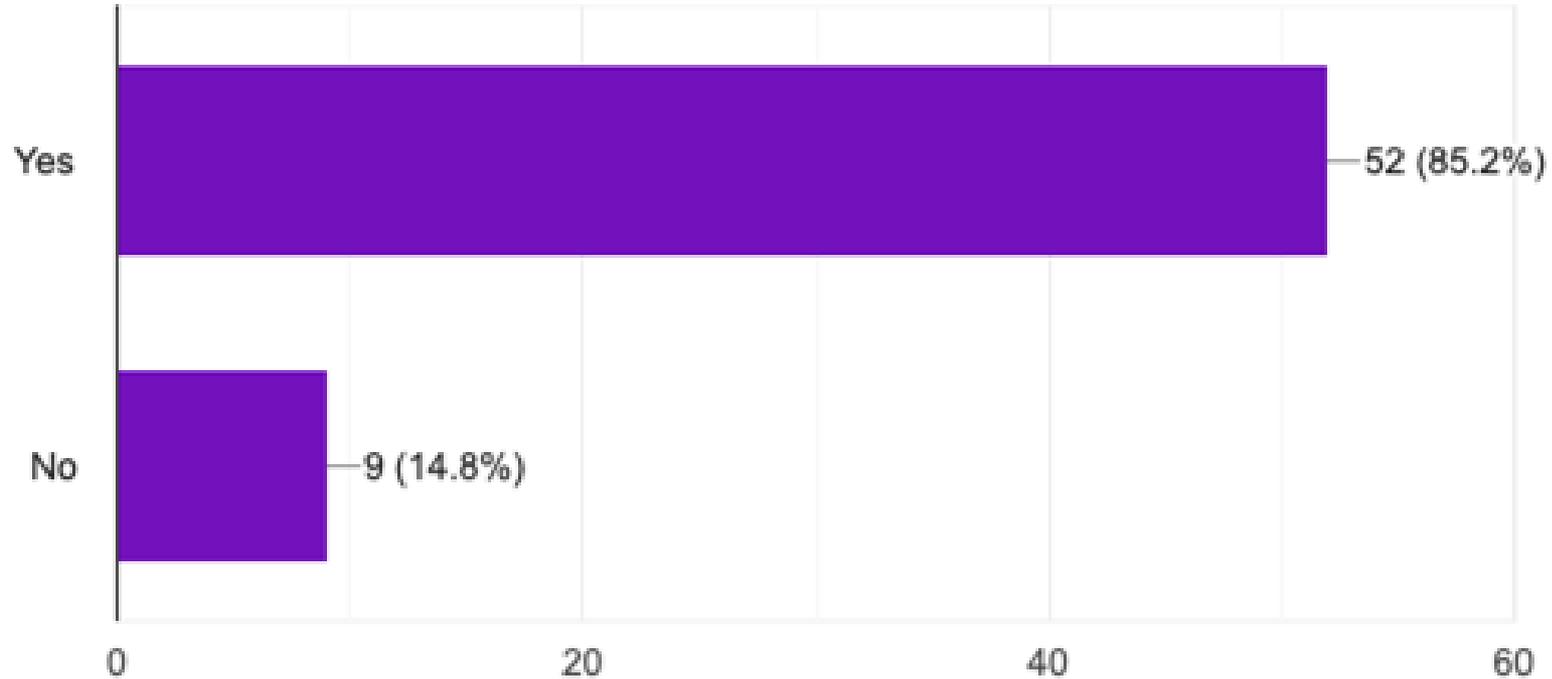


Socializing

“Once I get my low rental (housing), I’ll be volunteering anywhere and everywhere”



44 - Do you socialize with others regularly?



61 responses

44 - Do you socialize with others regularly?

Feedback:

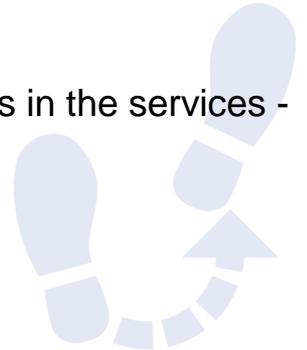
- Yes, if asked
- Fridays @ Dolans
- Churches and drop-ins
- Lots of opportunities around
- Drop in centres- play cards
- Legion
- Wilmot drop ins
- Avoids socializing with others
- Yes, but misses them often for lack of remembering
- I go to creative arts
- Churches
- Common room in building
- Tim Hortons



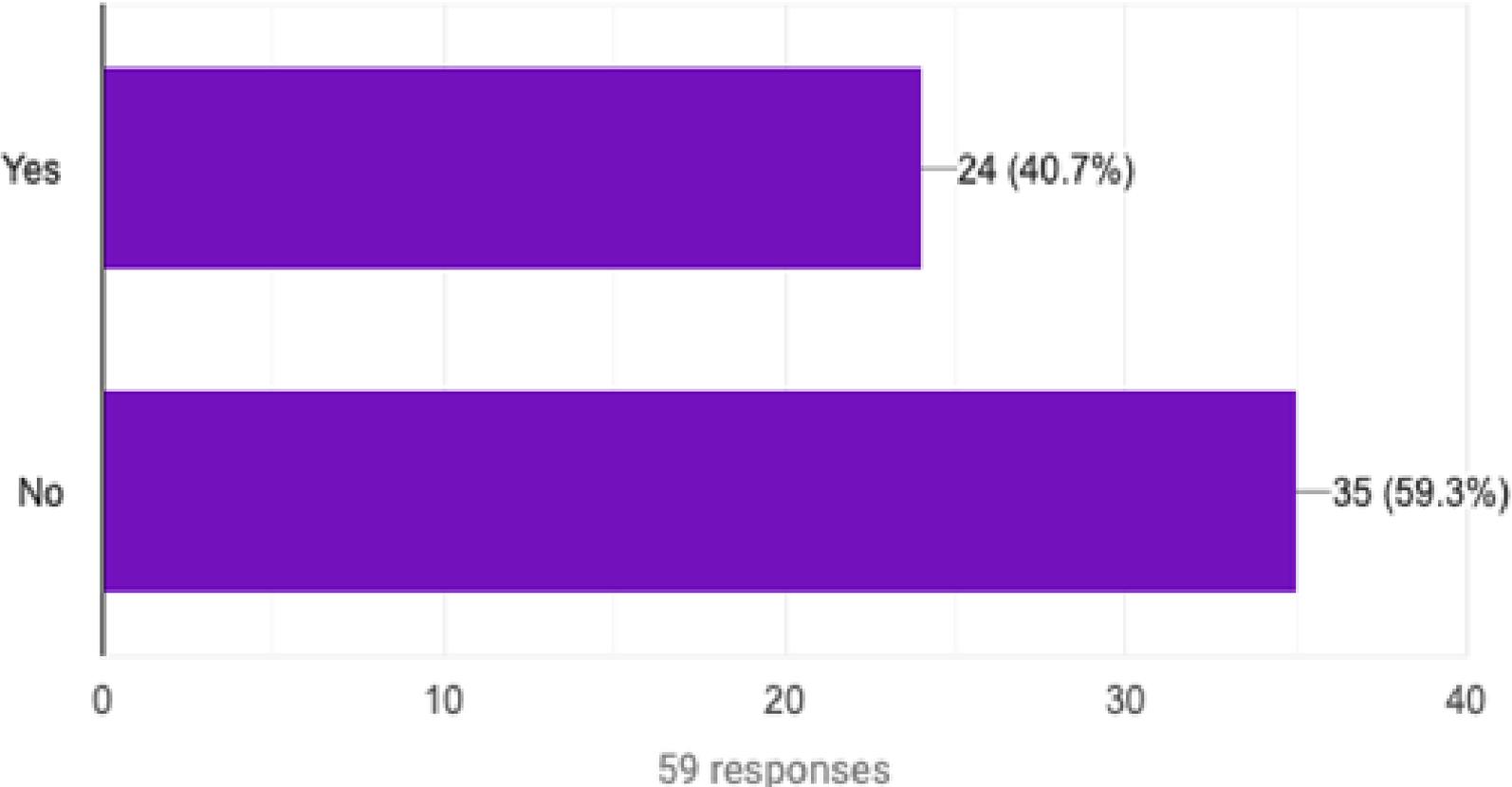
45 - If not, what would help?

Feedback:

- Nothing at this point
- People should not have to be looking for food/shelter
- Shouldn't only be churches helping
- No one to organize activities
- Transportation (2)
- Stairs in my building are too much for some friends and family
- Sunday is hard - no bus, taxis too expensive
- I walk to see friends
- I keep my distance in the area
- Don't feel comfortable socializing now; I am in a stressful state of just surviving
- Community events, likes Wilmot
- Not so much socializing as surviving
- More tracts to 'spread seed'
- Money
- Had a hard upbringing, was in the services - don't trust people



46 -Do you participate in community activities or recreation?



46 - Do you take part in community activities or recreation?

Feedback:

- Through churches
- Yes, some
- Yes, in the area where I live
- I go to drop in centres
- I go to church on Sundays: Devon Park United

47 - If not what keeps you from participating?

- Physical health reasons
- Illness
- Evening & not being able to see is a deterrence
- Embarrassment - too many questions
- Cost sometimes affects participation (Bus, \$ to get in, etc). Sometimes come to drop in here on Saturdays
- Depression
- My mobility
- Once I get my low rental (housing) I'll be volunteering anywhere + everywhere: Community food kitchen, churches
- Does not busk during events because too many rules – I like to be original



47 - If not what keeps you from participating?

- Physical health prevents being active
- Money for activities (4)
- Knowledge of free/discount
- Physical limitations
- If I am well enough, I love to do anything
- Transportation
- Physical challenges
- Old age
- Goes to church, legion, drop in at wilmot
- I have my own circle of friends
- Not interested
- Personal choice
- Health concerns
- Lack of transportation
- Not physically able
- Shyness

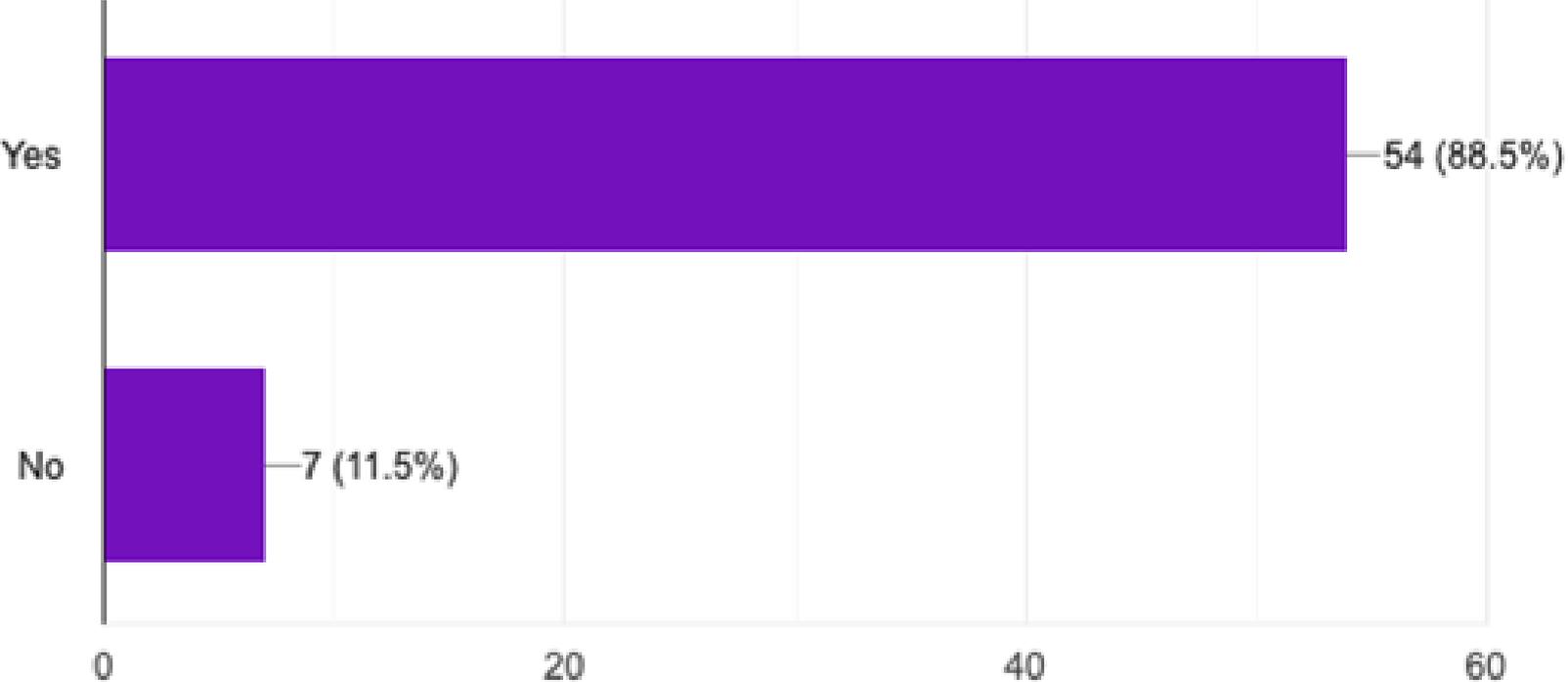


47 - If not what keeps you from participating?

- Not knowing what is available in the community
- Transportation
- Physical health challenges- legs bother me, asthma, I also have diabetes, high blood pressure
- Workaholic
- Can't afford (need someone to sign you in at the YMCA)
- Thinking about volunteering at the Hospice- reading to people
- Finance and transportation and stress of homelessness
- I prefer keeping busy at home
- Health issues
- Don't find out about activities (need bulletin board or website)
- Lose interest and contact when homeless
- Can't afford
- New to town
- Distance



48 -Do you have hobbies/activities that you enjoy doing?



61 responses

Do you have hobbies or activities that you enjoy doing?

49 - What are they?

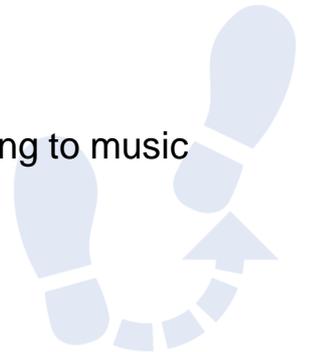
- Cross stitch
- Computer
- Building models, drawing, following sports.
- Free museums, NYE party, free concerts
- Cooking, volunteer work
- Euchre card games, listen to radio, no TV due to costs
- Playing pool at friends, feel comfortable there
- Knitting, crocheting + watching hockey
- Gardening, playing cards
- Crocheting, crafts
- Knitting, puzzles, cooking
- Biking
- Biking, swimming
- Biking, helps friends do chores (e.g. mowing lawns), cards with friends
- Visiting friends, watching movies
- Making beer, carpentry
- Computer games
- Build models, crafts
- Health issues prevent
- Knit, crochet



Do you have hobbies or activities that you enjoy doing?

49 - What are they?

- Socializing 24/7, birds
- Music - teach and compose. Fixe amplifiers
- Hunting (2)
- Being in the woods (2)
- Walking/hiking (8)
- But no longer does crafts as I have no supplies
- Swim, playing pool, music, practicing for karaoke
- Fishing (6)
- Singing. Used to sing in church. Play cards. Crafts (but they are expensive), puzzles - words
- Reading (12)
- Hugging and laughing and singing
- Bodybuilding,
- Cooking
- Crafts, colouring, paint bird houses, watching movies
- Play pool, cards, biking
- Plays games on computer
- Bike, horse riding
- Likes playing guitar, listening to music



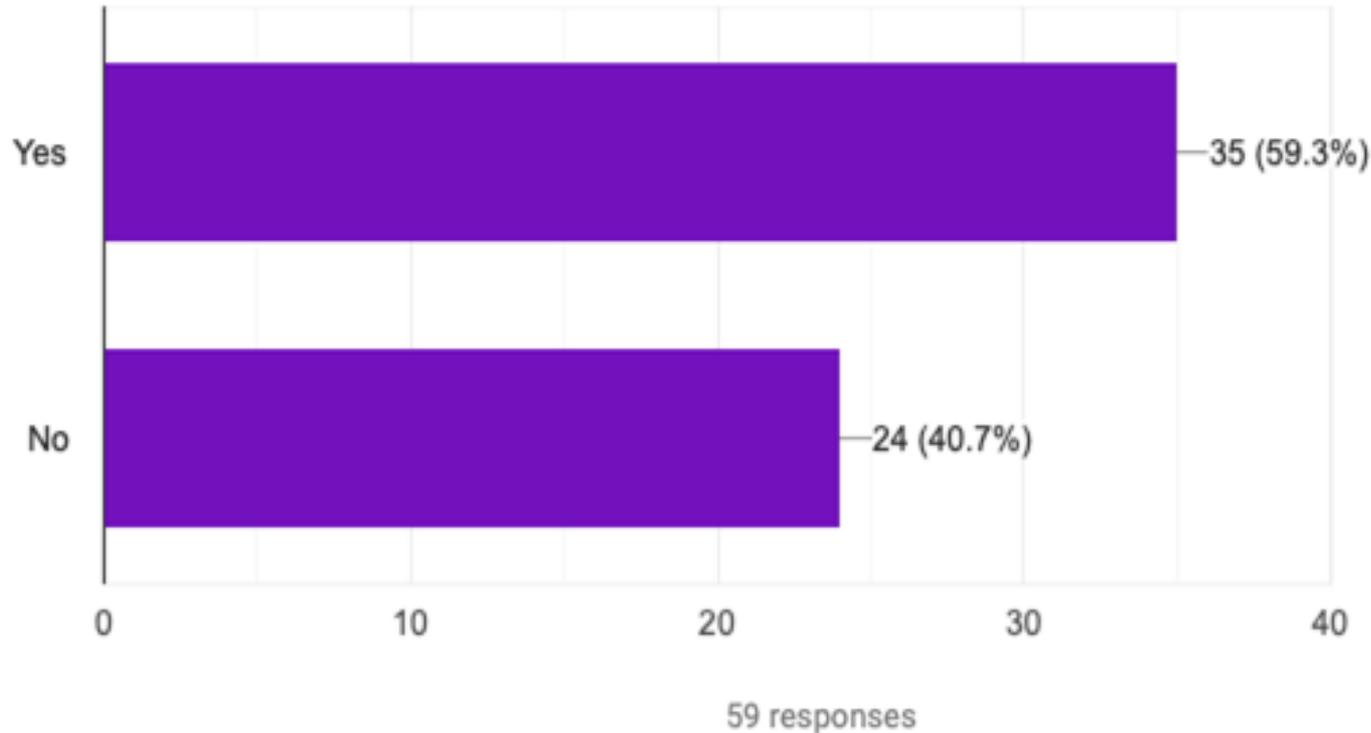
Do you have hobbies or activities that you enjoy doing?

49 - What are they?

- Knitting, likes being outdoors
- Scooter, research, talking to people
- Biking (before accident). Used to canoe and fish
- Card games
- Music
- Painting, walking
- Walking, Biking on trails in summer
- Walking
- Drawing, cycling, hiking, playing pool
- Not a lot of hobbies at current time
- Watch TV, has no radio
- Lawn bowling
- Volleyball, baseball, barbeques, cooking
- Crochet
- Cards, reading
- Puzzles, play cards, friends come; needs to do free activities, I can't afford others



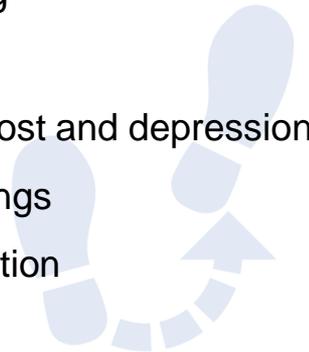
50- Are there hobbies or activities that you like to do, but are not able to?



Are there hobbies or activities that you would love to do, but are unable to?

51 - If yes, why?

- Horseback riding
- Would like to try skydiving, mountain climbing
- Gym, renovate furniture
- Can't afford to get to mall for walking
- Can't afford right now
- Games, bowling - organized
- Would like to join Y to access pool, but too expensive + hard to get to
- Run, can't physically
- Would need a pass for the gym
- Writing a novel - time, energy, not in a hurry
- Snowmobiling, biking- cost money
- Gardening - just hasn't felt like it
- No, I just want to stay alive
- Mini golf - cost and transportation
- Can't afford to
- Cross country; costs and activities and bowling, visit family
- Money, things are costly
- Painting - equipment, biking
- Churches
- Would like to do yoga but cost and depression will keep her from doing things
- Too costly, need transportation



Are there hobbies or activities that you would love to do, but are unable to?

51 - If yes, why?

- Go to the movies. Horse riding full time
- Can't hunt/walk long distances since October heart attack
- Would love to travel
- Baseball- floor hockey but health issues prevent
- Aquacise - but do not have access to pool
- Satisfied now
- Need to live in country to hunt & fish
- Carpal tunnel has limited me
- Gymnasium stuff - costs too much
- Would love to spend time walking on trails. Cannot get to do this, access to downtown trails, due to lack of transportation
- Don't dream about what I can't do
- Enjoys building models, cannot afford to do this hobby
- Golfing, music
- Love to be able to walk more
- Finances





Quality of Life

“Some people just need a visitor
now and again, someone to talk to,
take an interest in them”



52 - Can you identify anything that would improve your life?

- Affordable housing, warmer home
- Transportation
- Storage items moved to housing unit
- Money
- Employment
- A partner
- Lower cost activities
- Bus passes
- Better physical and mental health
- More socializing throughout the winter
- Higher Social Assistance cheques
- Own a car
- Gym pass
- Go to church more often
- To get off social assistance



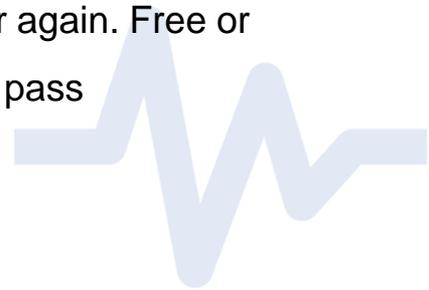
52 - Can you identify a couple of things that would improve your life?

- 1. Housing, 2. Transportation, 3. Storage items moved to housing unit
- Stable housing, stable employment, stable partner
- More income, stable housing- affordable, services are in place, paperwork is overwhelming
- Bus pass (affordable), lower cost activities (at YMCA). Would increase my activity level and well being
- I am a content man! Like where I live and no more money needed
- Better health - money. Electricity is cut off and to have it back would improve life
- More socializing through winter
- Different housing (subsidized)
- Better health (recovering addict)
- Social assistance cheques need to go up. I cannot always manage
- Basically the system is there for only those under 60- otherwise you are a poor investment



52 - Can you identify a couple of things that would improve your life?

- Living in Fredericton with daughter and granddaughter, affordable senior housing
- Permanent housing
- Better mobility
- Graduated curbs like near the library should be everywhere
- Trim on edge of curbs makes things different
- Cheaper rent
- More income
- Seniors who are lonely + shut in need regular wellness checks. People in my building don't seem to get any follow-up
- Some people just need a visitor now and again, someone to talk to, take an interest in me
- Warmer home
- Bus pass, my own car again. Free or cheap gym pass, bus pass



52 - Can you identify a couple of things that would improve your life?

- More income to live on, pay bills
- 1. New living situation, 2. Cut down on drinking - AA hasn't worked, 2. Come to church more often
- People need a place to go and talk and sit. Very appreciative of all the work churches are doing
- New apt, preferably Evelyn Grove, cataract surgery, bus pass
- More income, car to see grandson in Woodstock. I am trying to get on disability
- To get off welfare
- Dating - would like to marry again. Would like to have someone to grow old with
- More money, transportation
- Seeing family more often, more income, fix my teeth so could eat better
- Monthly bus pass
- Increase monthly social development amount



52 - Can you identify a couple of things that would improve your life?

- More energy
- To better manage my life and would not have to go to churches for help
- Being closer to family
- A healthier body
- Access to the bus (bus pass or tickets)
- Place of my own
- Part time education - interest courses
- More money, better health, better health system - better services
- Easier transportation, common sense when dealing with the 'system'
- Cat
- My own place to live
- More financial security



52 - Can you identify a couple of things that would improve your life?

- Affordable housing
- Bus pass
- Assistance with rent
- More access to the food bank (it's hard to get downtown). Hard to bike too far with hip issues
- An apartment instead of a room
- Some members of my family being happy
- If I could read & write but I had tutor for 7 years & and only got to grade 3 level
- Getting back to work
- Having a safe, stable place to live where I can get sleep
- Social support
- Cheaper bus pass
- No



52 - Can you identify a couple of things that would improve your life?

- Would like to learn how to sew in order to help others
- Finances, contact with daughters and grandchildren, have someone to talk to. I feel lonely and empty
- Someone to help me navigate social assistance because you don't know what you don't know
- People should be working/contributing to churches (odd jobs) to receive vouchers
- More access to crafting opportunities (too expensive)
- Apartment with bathtub (arthritis)
- Like to live in the country to hunt & fish
- If I had more money I feels I would find more to spend it on
- Worried about health coverage when I am 65
- More money in monthly cheque would improve life
- Finding new living place
- New heart- heart issues scary, also a diabetic



52 - Can you identify a couple of things that would improve your life?

- Monthly bus pass
- Access to pool
- Improve bus fares, accessible on Sundays
- New apartment closer to family
- Health sorted out and improved
- Good health, more secure housing (to allow for better sleep)
- Better welfare - income assistance for better life
- Housing
- I Feel defeated
- More open people. Too much judgement!
- Needs more money
- More money, better relations with family relationship with a woman, nice home



52 - Can you identify a couple of things that would improve your life?

- Good health
- See my son who is out west, haven't seen him in over 20 years
- A job that would allow me to have a place, get off of social assistance
- Girlfriend, job, my own place to live
- New car
- More money, but happy with what I am able to do
- I think people should be contributing to churches (dusting, odd jobs) to receive vouchers
- I need help with depression
- More support in community
- Part time job (e.g.) paper route, deliver groceries
- Income increase



Needs Assessment Questionnaire

END

